



THE CULPEPER

August 2026

PROGRAMMING TEAM

Dawn Kenyon-Smith

Director of Resident Services
dksmith@theculpeper.org
(540) 321-1305

Alexis Fountain

Programming Manager
afountain@theculpeper.org
(540) 321-1307

Betty Brooks

Programming Coordinator
bbrooks@theculpeper.org
(540) 321-1306

Ashley Gore

Cornerstone Leader
agore@theculpeper.org
(540) 321-1319

Alicia Hatcher

Memory Care
Programming Assistant
ahatcher@theculpeper.org
(540) 321-1319

Communiqué



LifeSpire
of Virginia

Faith. Wellness. Community.

formerly Virginia Baptist Homes



Highlighted Happenings

Craft with Crissy from Jewell Tone Music

Monday, August 3 at 10:30 a.m. in the ACT

Chime Choir

Tuesday, August 4, 11, 18 & 25 at 10 a.m. in the ACT

Canasta

Tuesday, August 4 & 18 at 3:15 p.m. in the GR

Trivia Night

Tuesday, August 4 at 5 p.m. in the AR

Town Hall

Wednesday, August 5 at 10 a.m. & 2 p.m. in the AR

Therapy Dog Visits

Wednesday, August 5 & 19 at 11 a.m. in the Lib

Wednesday, August 5 & 19 at 11:15 a.m. in the GR

Cottage Brunch Party

Thursday, August 6 at 10 a.m. at the Overlook

Morning Walks

Friday, August 7, 14, 21 & 28 at 9 a.m. Meet in the Lobby

Scrabble

Friday, August 7 & 21 at 10 a.m. GR

Book Club

Friday, August 7, 14, 21 & 28 at 10:30 a.m. in the Library

TLC Ladies' Group

Monday, August 10 & 24 at 10 a.m. in the ACT

Ping Pong

Monday, August 10 & 24 at 10:30 a.m. in the AR-A

Virginia History Presentation with Rick Britton

Tuesday, August 11 at 10:30 a.m. in the AR

Come hear historian Rick Britton present: "Lafayette at the University of Virginia." In 1824—during his Triumphant Tour" of the U.S.—the Marquis de Lafayette spent ten days at Monticello with his old friend, Thomas Jefferson. Naturally, Jefferson just had to show off his then-unfinished "Academical Village." It was quite an event! Come, join us!

Pinochle

Tuesday, August 11 & 25 at 3:15 p.m. in the GR

Po-Ke-No

Wednesday, August 12 & 26 at 10:30 a.m. in the ACT

Men's Luncheon

Wednesday, August 12 at 12:45 in the PDR

Cornhole

Wednesday, August 12 at 2:30 p.m. and Monday, August 31 at 10:30 a.m. at the Terrace Pavilion

New Resident Orientation

Thursday, August 13 at 10:30 a.m. in the AR

Close Knits Sit & Knit

Thursday, August 13 & 27 at 2 p.m. in the ACT

Highlighted Happenings Continued

Flower Arranging

Monday, August 17 at 10:30 a.m. in the ACT

Karen's Line Dancing

Monday, August 17 at 2 p.m. in the AR-A

How Church & Faith Enhance Mental & Physical Health by CAINA

Tuesday, August 18 at 10:30 in the AR

Ladies Luncheon

Tuesday, August 18 at 12:45 in the PDR

AL In-House Picnic

Wednesday, August 19 at 12 p.m. at the Terrace Pavilion

Birthday Luncheon

Thursday, August 20 at 12:45 p.m. in the PDR

Baking with Bernie

Thursday, August 20 at 2 p.m. in the ACT

Live Smart Learning Lecture

Friday, August 21 at 10:30 in the AR

Dinner with Robby

Tuesday, August 25 at 4 p.m. in the AR

Bunco

Tuesday, August 25 at 7 p.m. in the ACT

Exercise Programs

Room Exercise - Televised on Ch 970

Light Lift

Saturday, August 1, 8, 15, 22 & 29 at 9:15 a.m. in the AR

Wednesday, August 5, 12, 19 & 26 at 9:15 a.m. in the AR

Exercise with Katie

Monday, August 3, 10, 17, 24 & 31 at 9:00 a.m. in the AR

Thursday, August 6, 13, 20 & 27 at 9:00 a.m. in the AR

Yoga

Tuesday, August 4, 11, 18 & 25 at 9 a.m. in the AR

Monthly Movie Feature

We're No Angels

Saturday, August 1 at 6 p.m. in the AR

The Dream Team

Saturday, August 8 at 6 p.m. in the AR

Baby's Day Out

Saturday, August 15 at 6 p.m. in the AR

Beyond the Blackboard

Saturday, August 22 at 6 p.m. in the AR

Rudy

Saturday, August 29 at 6 p.m. in the AR

Tempting Trips

Trip to Culpeper County Library

Tuesday, August 4 & 18 at 10:30 a.m.

Walmart

Monday, August 10, 17, 24 & 31 at 2 p.m.

Errands Around Town

Thursday, August 13, 20 & 27 at 10:30 a.m.

Trip to Play Pickleball

Thursday, August 13 & 27 at 2:45 p.m.

Trip to Belle Grove Plantation & Rt. 11 Potato Chip Factory

Friday, August 14 at 8:45 a.m.

Lunch Trip to Clair's at the Depot

Friday, August 21 at 11 a.m.

Ice Cream Trip to Ole Country Store

Wednesday, August 26 at 3 p.m.

Musical Entertainment

Music with Howard Barnett

Saturday, August 1 at 10:45 a.m. in the Terrace ACT

Music with Joey Knott

Monday, August 3 at 2 p.m. in the Terrace ACT

Violin Music with Benedict Goodfriend

Wednesday, August 5 at 10:30 a.m. in the Terrace ACT

Music with Adam Melia Performing Nashville Standard

Saturday, August 8 at 10:45 a.m. in the Terrace ACT

Music with Laura

Saturday, August 15 at 10:45 a.m. in the Terrace ACT

Music with Michael Martin

Thursday, August 20 at 2 p.m. in the Terrace ACT

Music with Kevin Oriole

Saturday, August 22 at 10:45 a.m. in the Terrace ACT

Music with the Cedar Run Homesteaders

Tuesday, August 25 at 6 p.m. in the AR

Music with Dwight Martin

Saturday, August 29 at 10:45 a.m. in the Terrace ACT

Leave Them Smiling

The Culpeper Administrative team would like to recognize the July Leave Them Smiling winner, Jan Pierce, Receptionist.

Please remember to nominate team members you notice to be going the extra mile to be entered in a drawing to win a \$100 gift voucher of choice. Nomination boxes can be found in the 1st Floor Activity Room and Terrace Level Team Lounge.

August Birthdays

Phyllis Turner 02

Martha Harris 05

Janice Ruhlen 08

Brad Kile 09

Tommy Ross 09

Phillip Norris 11

Tom Heilman 16

Sophie Rogers 27

Mary Green 29

James Hodson 29

Barbara Johnson 31

August Anniversaries

Bob & Shirley Houck 8/15

Fred & Barbara Burke 8/17

Lauro & Marion Romero 8/24

Dining Services

Dining Services will be preparing a variety of wonderful meals this month including a delicious meals this month. If you have any questions please contact, Bernie Hunter, Director of Dining Service at 540-321-1327.

Did you know?

August was named after emperor Augustus Ceasar, who made it as long as July to match his importance.

The Perseid Meteor Shower, one of the brightest meteor showers, lights up the sky every August.

Martin Luther King, Jr. gave his famous, "I Have a Dream" speech at the Lincoln Memorial on August 28, 1963 with nearly 250,000 people in attendance.

Shall I Compare Thee to A Summer's Day?

Shall I compare thee to a summer's day?

Thou art more lovely and temperate.

Rough winds do shake the darling buds of May,

And summer's lease hath all too short a date.

Sometimes too hot the eye of heaven shines,

And every fair from fair sometimes declines,

By chance, or nature's changing course, untrimmed;

But thy eternal summer shall not fade,

Nor lose possession of that fair thou ow'st

Nor shall death brag thou wand'rest in his shade,

When in eternal lines Time thou grow'st

So long as men can breath, or eyes can see

So long lives this, and gives life to thee.

~William Shakespeare

Religious Services

Culpeper Presbyterian Church Service Ch 970

Sunday, August 2, 9, 16, 23 & 30 at 9:30 a.m.

Sunday School

Sunday, August 2, 9, 16, 23 & 30 at 9:45 a.m. in the Chapel

Live Service Culpeper Baptist Church

Sunday, August 2, 9, 16, 23 & 30 at 10:30 a.m. in the Chapel

Culpeper Baptist Church Service Ch 970

Sunday, August 2, 9, 16, 23 & 30 at 11 a.m.

Culpeper United Methodist Church Service Ch 970

Sunday, August 2, 9, 16, 23 & 30 at 2 p.m.

Mountain View Community Church Service Ch 970

Sunday, August 2, 9, 16, 23 & 30 at 3 p.m.

Mitchell's Presbyterian Church Service Ch 970

Sunday, August 2, 9, 16, 23 & 30 at 6 p.m.

Bible Study with Hans

Monday, August 3, 10, 17, 24 & 31 and

Wednesday, August 5, 12, 19 & 26 at 2 p.m. in the AR

Precious Blood Catholic Mass

Tuesday, August 4 at 9:30 a.m. in the Chapel

Catholic Rosary Service

Tuesday, August 11, 18 & 25 at 10 a.m. in the Chapel

5th Sunday Hymn Sing

Sunday, August 30 at 6:30 p.m. in the AR

National Make a Will Month

August is National Make-A-Will Month—a timely reminder to create or review your will. Here are three reasons to take action:

1. It's an important legal document that everyone should have.

A will helps ensure your property is distributed according to your wishes and protects the people you love.

2. It provides peace of mind for you and your family.

A will reduces confusion, helps prevent conflict, and gives your family clear guidance during a difficult time. It can also include plans for those in your care, including pets.

3. It lets you create a legacy that lasts beyond your lifetime.

You can also use your will to support a charity, such as your community or the VBH Foundation, with a gift of cash, stock, real estate, or other assets—at no cost during your lifetime.

Already have a will? Take a few minutes this month to make sure it still reflects your wishes and life changes.

Visit vbh.planmylegacy.org for estate planning resources.

If you have included the Foundation in your will, thank you—please let us know so we can recognize your generosity.

Contact Jodi Leonard in the Foundation at 804-521-9213.



Chaplain's Corner

As we move into the month of August and both heat and emotions run high we as individuals struggle to relate and appreciate those with opinions or beliefs separate from our own. Let us remember everyone is important in one way or another in this life. Respecting and loving everyone is the only way we can all really reflect and embody the attitude of Christ. Loving your neighbor is not just about showing concern to the one staying next door; rather to every person we come into contact with.

And he answered, "You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself." ~ Luke 10:27

