

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY ACT - AL Activities Room GR - AL Game Room	MDR - AL Main Dining Room AR - Assembly Room AR-A - Assembly Room-A	Ch 970 - Channel 970 C - Chapel Lib - Library LL - Load from Lobby	PDR - Private Dining Room TA - Terrace Activity Room			9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Howard Barnett (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: We're No Angels (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Art Class with Crissy from Jewell Tone Music (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Music with Joey Knott (TA) 3:30 Room Exercise (Ch 970)	9:00 Yoga (AR-A) 9:30 Precious Blood Catholic Mass (C) 10:00 Chime Choir (ACT) 10:30 Room Exercise (Ch 970) 10:30 Trip to Culpeper County Library (LL) 2:00 Bingo (MDR) 3:15 Canasta (GR) 5:00 Trivia Night (AR)	9:15 Light Lift Exercise (AR) 10:00 Town Hall (AR) 10:15 Therapy Dog Visits (TL/MC/ Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 2:00 Bible Study with Hans (ACT) 2:00 Town Hall (AR) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:00 Cottage Brunch Party (Overlook) 10:30 Room Exercise (Ch 970) 3:00 Dietitian Carin Austin (AR) 3:15 Rummy (GR)	9:00 Morning Walks (Lobby) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Adam Melia performing Nashville Standard (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: The Dream Team (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:00 TLC Ladies' Group (ACT) 10:30 Ping Pong (AR-A) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	9:00 Yoga (AR-A) 10:00 Catholic Rosary Service (C) 10:00 Chime Choir (ACT) 10:30 History Presentation with Rick Britton (AR) 10:30 Room Exercise (Ch 970) 1:30 Monthly Communion Service (C) 2:00 Bingo (MDR) 3:15 Pinochle (GR)	9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (ACT) 10:30 Room Exercise (Ch 970) 12:45 Men's Luncheon (PDR) 2:00 Bible Study with Hans (C) 2:30 Corn Hole (Terrace Pavilion) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 New Resident Orientation (AR) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 2:45 Trip to Play Pickleball (LL) 3:15 Rummy (GR)	8:45 Trip to Belle Grove Plantation & Rt. 11 Potato Chip Factory (LL) 9:00 Morning Walks (Lobby) 10:00 Mahjong (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Laura (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Baby's Day Out (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Flower Arranging (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (ACT) 2:00 Karen's Line Dancing (AR-A) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	9:00 Yoga (AR-A) 10:00 Catholic Rosary Service (C) 10:00 Chime Choir (ACT) 10:30 How Church and Faith Enhance Mental and Physical Health Presentation by CAINA (C) 10:30 Room Exercise (Ch 970) 10:30 Trip to Culpeper County Library (LL) 12:45 Ladies' Luncheon (PDR) 2:00 Bingo (MDR) 3:15 Canasta (GR)	9:15 Light Lift Exercise (AR) 10:15 Therapy Dog Visits (TL/MC/ Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 12:00 AL In-house Picnic (Terrace Pavilion) 2:00 Bible Study with Hans (C) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 12:45 Birthday Luncheon (PDR) 2:00 Music with Michael Martin (TA) 3:00 Baking with Bernie (ACT) 3:15 Rummy (GR)	9:00 Morning Walks (Lobby) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Live Smart Learning Lecture (AR) 10:30 Room Exercise (Ch 970) 11:00 Lunch Trip to Claire's at the Depot (LL) 1:30 Bridge (GR) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Kevin Oriol (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Beyond the Blackboard (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:00 TLC Ladies' Group (ACT) 10:30 Ping Pong (AR-A) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	9:00 Yoga (AR-A) 10:00 Catholic Rosary Service (AR-A) 10:00 Chime Choir (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bingo (MDR) 3:15 Pinochle (GR) 4:00 Dinner with Robby (AR) 6:00 Music with Cedar Run Homesteaders (AR) 7:00 Bunco (ACT)	9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 3:00 Ice Cream Trip to Ole Country Store (LL) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 2:45 Trip to Play Pickleball (LL) 3:15 Rummy (GR)	9:00 Morning Walks (Lobby) 10:00 Mahjong (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 11:00 Music with Dwight Martin (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Rudy (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970) 6:30 5th Sunday Hymn Sing (AR)	9:00 Exercise with Katie (AR) 10:30 Corn Hole (Terrace Pavilion) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Karen's Line Dancing (AR-A) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)				All activites are subject to change	*Outdoor Time is always available, weather permitting, upon request*

August 2026

Programming Calendar