



THE CULPEPER

June 2026

Communiqué

The Programming Team

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LifeSpire
of Virginia

Faith. Wellness. Community.

formerly Virginia Baptist Homes

“Though those with Alzheimer’s might forget us, we as a society must remember them.” ~Scott Kirschenbaum



Highlighted Happenings

Craft with Crissy from Jewell Tone Music

Monday, June 1 at 10:30 a.m. in the ACT

Chime Choir

Tuesday, June 2, 9, 16, 23 & 30 at 10 a.m. in the ACT

Pinochle

Tuesday, June 2, 16 & 30 at 3:15 p.m. in the GR

Trivia Night

Tuesday, June 2 at 5 p.m. in the AR

Town Hall

Wednesday, June 3 at 10 a.m. & 2 p.m. in the AR

Po-Ke-No

Wednesday, June 17 at 10:30 a.m. in the ACT

Close Knits Sit & Knit

Thursday, June 4 & 18 at 2 p.m. in the ACT

Healthy Eating with Carin Austin, RD

Thursday, June 4 at 3 p.m. in the AR

Morning Walks

Friday, June 5, 12, 19 & 26 at 9 a.m.

Meet in the Lobby

Scrabble

Friday, June 5 & 19 at 10 a.m. GR

Book Club

Friday, June 5, 12, 19 & 26

at 10:30 a.m. in the Library

Sewing Group

Friday, June 5, 12, 19 & 26 at 2 p.m.

TLC Ladies' Group

Monday, June 8 & 22 at 10 a.m. in the ACT

Ping Pong

Monday, June 8 & 22 at 10:30 a.m. in the AR-A

Virginia History Presentation with Rick Britton

Tuesday, June 9 at 10:30 a.m. in the AR

Come hear historian Rick Britton on Tuesday, June 9, at 10:30 a.m. when he'll present "From Cuckoo to Charlottesville, Jack Jouett's Overnight Ride." In the Spring of 1781, the Virginia Legislature and Gov. Thomas Jefferson fled from Richmond to Charlottesville to escape the British. When the enemy subsequently launched a raid to capture the assemblymen, one Virginia Patriot—Jack Jouett—rode overnight to spread the alarm.

Canasta

Tuesday, June 9 & 23 at 3:15 p.m. in the GR

Cornhole

Wednesday, June 10 at 10:30 a.m. & Wednesday,

June 24 at 2 p.m. at the Terrace Pavilion

Therapy Dog Visits

Wednesday, June 10 & 24 at 11 a.m. in the Lib

Wednesday, June 10 & 24 at 11:15 a.m. in the GR

Men's Luncheon

Wednesday, June 10 at 12:45 in the PDR

Mrs. Minton's 100th Birthday Celebration

Wednesday, June 10 at 2 p.m. in the AR

Cottage Block Party

Thursday, June 11 at 5 p.m. at the Overlook

Flower Arranging

Monday, June 15 at 10:30 a.m. in the ACT

Lourdes & the Miraculous Cures

Presentation by CAINA

Tuesday, June 16 at 10:30 in the AR

Highlighted Happenings Continued

Ladies Luncheon

Tuesday, June 16 at 12:45 in the PDR

New Resident Orientation

Thursday, June 18 at 10:30 a.m. in the AR

Birthday Luncheon

Thursday, June 18 at 12:45 p.m. in the PDR

Live Smart Learning Lecture

Friday, June 19 at 10:30 in the AR

Dinner with Robby

Tuesday, June 23 at 4 p.m. in the AR

AL In-House Picnic

Wednesday, June 24 at 12 p.m.

at the Terrace Pavilion

Bake Sale Fund Raiser for Alzheimer's Association

Thursday, June 25 at 10 a.m. in the Lobby

Baking with Bernie

Thursday, June 25 at 2 p.m. in the ACT

2nd Annual Bake Sale to End Alzheimer's

The Programming Team will be hosting a bake sale in the Main Lobby on Thursday, June 25 from 10 a.m. until 1 p.m. Please let Alexis or Betty know if you intend to donate items for the bake sale to ensure we have enough tables assembled for display. All money raised during the fund raiser will be donated directly to the Alzheimer's Association.

Exercise Programs

Room Exercise- Televised on Ch 970

Exercise with Katie

Monday, June 1, 8, 15 & 22

at 9:00 a.m. in the AR

Thursday, June 4, 11 & 25

at 9:00 a.m. in the AR

Yoga with Izzy

Tuesday, June 2, 9, 16, 23 & 30

at 9 a.m. in the AR

Light Lift

Wednesday, June 3, 10, 17 & 24

at 9:15 a.m. in the AR

Saturday, June 6, 13, 20 & 27

At 9:15 a.m. in the AR

Monthly Movie Feature

Father of the Bride

Saturday, June 6 at 6 p.m. in the AR

Father's Little Dividend

Saturday, June 13 at 6 p.m. in the AR

Free Willy

Saturday, June 27 at 6 p.m. in the AR

Musical Entertainment

Violin Music with Benedict Goodfriend

Wednesday, June 3 at 10:30 a.m.

in the Terrace ACT

Music with Howard Barnett

Saturday, June 6 at 10:45 a.m.

in the Terrace ACT

Music with Me & Martha

Thursday, June 11 at 2 p.m. in the AR

Music with Laura

Saturday, June 13 at 10:45 a.m.

in the Terrace ACT

Music with Adam Melia Performing

Nashville Standard

Saturday, June 20 at 10:45 a.m.

in the Terrace ACT

Music with the Cedar Run Homesteaders

Tuesday, June 23 at 6 p.m. in the AR

Music with Catherine Farley

Saturday, June 27 at 10:45 a.m.

In the Terrace ACT

Tempting Trips

Walmart

Monday, June 1, 8, 22 & 29 at 2 p.m.

Trip to Culpeper County Library

Tuesday, June 2 & 16 at 10:30 a.m.

Errands Around Town

Thursday, June 4, 11 & 18 at 10:30 a.m.

Trip to Play Pickleball

Thursday, June 4 & 11 at 2:45 p.m.

Trip to Hike Limberlost Trail

Friday, June 5 at 9 a.m.

Lunch Trip to Albana's Tavern

Friday, June 29 at 11 a.m.

Leave Them Smiling

The Culpeper Administrative team would like to recognize the May Leave Them Smiling winners, Carla Rosa, Housekeeper, and Michelle Stanley, Memory Care LPN.

Please remember to nominate team members you notice to be going the extra mile to be entered in a drawing to win a \$100 gift voucher of choice. Nomination boxes can be found in the 1st Floor Activity Room and Terrace Level Team Lounge.

Dining Services:

Dining Services will be preparing a variety of wonderful meals this month including a delicious Father's Day Brunch. Please be sure to make reservations with the receptionist indicating number of guests anticipated and meal time preference.

If you have any questions please contact, Bernie Hunter, Director of Dining Service at 540-321-1327.

June Birthdays

Linda Brockman 5

Everette Powell 5

Helen Sturgill 5

Lauro Romero 6

Dottie Gardner 7

Christy Ludlow 7

Eleanor Minton 10

Anne Yeaman 11

Barbara Benson 15

Peg Skrinak 15

Phil Grant 19

Dr. Guy Mattox 21

William Faux 24

Charlie Tysinger 26

Peggy Owens 30

June Anniversaries

Don & Margel Fisher 6/6

Bill & Barbara Benson 6/7

Vince & Peg Skrinak 6/7

Ken & Mary Ann Cunningham 6/9

Paul & Sofie Rogers 6/12

Harold & Shirley Kelly 6/13

John & Anne Yeaman 6/16

Richard & Barbara Matthews 6/18

June

Birds just waking up to sing

As nighttime slips away.

Dewdrops sparkling in the sun

To greet a brand new day,

Fireflies lighting dusky skies

And strolls beneath the moon-

What could be more perfect

Than the lovely

Month of JUNE

Happy Summer

~Author Unknown

Religious Services

Bible Study with Hans

Monday, June 1, 8, 15, 22 & 29 and
Wednesday, June 3, 10, 17 & 24 at 2 p.m. in the AR

Precious Blood Catholic Mass

Tuesday, June 2 at 9:30 a.m. in the Chapel

Culpeper Presbyterian Church Service Ch 970

Sunday, June 7, 14, 21 & 28 at 9:30 a.m.

Sunday School

Sunday, June 7, 14, 21 & 28
at 9:45 a.m. in the Chapel

Live Service Culpeper Baptist Church

Sunday, June 7, 14, 21 & 28
at 10:30 a.m. in the Chapel

Culpeper Baptist Church Service Ch 970

Sunday, June 7, 14, 21 & 28 at 11 a.m.

Culpeper United Methodist Church Service Ch 970

Sunday, June 7, 14, 21 & 28 at 2 p.m.

Mountain View Community Church Service Ch 970

Sunday, June 7, 14, 21 & 28 at 3 p.m.

Mitchell's Presbyterian Church Service Ch 970

Sunday, June 7, 14, 21 & 28 at 6 p.m.

Catholic Rosary Service

Tuesday, June 9, 16, 23 & 30 at 10 a.m.
in the Chapel

Chaplain's Corner

Know that we are all stewards of the word and the good we do unto others is work we do for the Lord as found in Matthew 25:34-40 "Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'

Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' The King will reply, I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me."

A Simple Gift that Gives Back for Life

Looking for a meaningful and financially savvy way to support your community? A charitable gift annuity through the Virginia Baptist Homes Foundation offers a simple way to make a lasting impact—while also receiving steady payments for life.

Here's how it works. You make a gift of cash or appreciated stock to fund the annuity. In return, you receive fixed payments for life, providing dependable income you can count on. With payout rates currently better than they've been in nearly two decades, now is an especially good time to explore this opportunity.

A charitable gift annuity can also offer valuable tax advantages. A portion of each payment may be income tax-free throughout your estimated life expectancy, and gifts of long-term appreciated stock can reduce or partially eliminate capital gains taxes.

Most importantly, your generosity helps change lives. For more than 80 years, compassionate supporters have helped ensure that eligible residents—those who, through no fault of their own, have outlived their financial resources—can continue receiving care, security, and a loving home. Your benevolence today can have a life-changing impact well into the future.

Payout rates vary with age and gift size. Minimum gift size applies. To learn more or request a free, personalized illustration of your potential benefits, contact Jodi Leonard at jleonard@lifespireliving.org or (804) 521-9213, or visit vbh.planmylegacy.org.

