

**SUN MON TUE WED THUR FRI SAT**

**Mother's Day**

**3**  
9:30 Culpeper Presbyterian Church Service (Ch 970)  
9:45 Sunday School (C)  
10:30 Live Service with Culpeper Baptist Church (C)  
11:00 Culpeper Baptist Church Service (Ch 970)  
2:00 Culpeper United Methodist Church Service (Ch 970)  
3:00 Mountain View Community Church Service (Ch 970)  
6:00 Mitchell's Presbyterian Church Service (Ch 970)

**4**  
9:00 Exercise with Katie (AR)  
10:30 Art Class with Crissy from Jewell Tone Music (ACT)  
10:30 Room Exercise (Ch 970)  
2:00 Bible Study with Hans (C)  
2:00 Walmart (LL)  
3:30 Room Exercise (Ch 970)

**5**  
Cinco de Mayo  
9:00 Yoga with Sarah (AR-A)  
9:30 Precious Blood Catholic Mass (C)  
10:00 Chime Choir (ACT)  
10:30 Room Exercise (Ch 970)  
10:30 Trip to Culpeper County Library (LL)  
2:00 Bingo (MDR)  
3:15 Pinochle (GR)  
5:00 Trivia Night (AR)

**6**  
9:15 Light Lift Exercise (AR)  
10:00 Town Hall (AR)  
10:30 Room Exercise (Ch 970)  
10:30 Violin Music with Benedict Goodfriend (TA)  
2:00 Bible Study with Hans (ACT)  
2:00 Town Hall (AR)  
3:30 Room Exercise (Ch 970)

**7**  
\*Outdoor Time is always available, weather permitting, upon request\*  
9:00 Exercise with Katie (AR)  
10:30 Errands Around Town (LL)  
10:30 Room Exercise (Ch 970)  
2:00 Close Knits Sit & Knit (ACT)  
2:45 Trip to Play Pickleball (LL)  
3:00 Hard Cheese Taste Testing with Dietitian Carin Austin (AR)  
3:15 Rummy (GR)

**8**  
9:00 Morning Walks (Lobby)  
10:00 Grief Group (ACT)  
10:00 Mahjong (GR)  
10:30 Book Club (Lib)  
10:30 Room Exercise (Ch 970)  
11:00 Kazuri Designs Clothing & Jewelry (AR)  
1:00 Corn Hole (Terrace Pavilion)  
1:30 Bridge (GR)  
2:00 Sewing Group (Lobby)  
2:30 Ladies' Tea (MDR)  
3:30 Room Exercise (Ch 970)

**9**  
9:15 Light Lift Exercise (AR)  
10:30 Bingo (ACT)  
10:30 Room Exercise (Ch 970)  
10:45 Music with Laura (TA)  
2:00 Music with Jay Daniels (AR)  
3:00 Saturday Feature Game (GR)

**10**  
Mother's Day  
9:30 Culpeper Presbyterian Church Service (Ch 970)  
9:45 Sunday School (C)  
10:30 Live Service with Culpeper Baptist Church (C)  
11:00 Culpeper Baptist Church Service (Ch 970)  
2:00 Culpeper United Methodist Church Service (Ch 970)  
3:00 Mountain View Community Church Service (Ch 970)  
6:00 Mitchell's Presbyterian Church Service (Ch 970)

**11**  
9:00 Exercise with Katie (AR)  
10:00 TLC Ladies' Group (ACT)  
10:30 Ping Pong (AR-A)  
10:30 Room Exercise (Ch 970)  
2:00 Bible Study with Hans (C)  
2:00 Walmart (LL)  
3:30 Room Exercise (Ch 970)

**12**  
9:00 Yoga with Sarah (AR-A)  
10:00 Catholic Rosary Service (AR-A)  
10:00 Chime Choir (ACT)  
10:30 History Presentation with Rick Britton (AR)  
10:30 Room Exercise (Ch 970)  
1:30 Monthly Communion Service (C)  
2:00 Bingo (MDR)  
3:15 Canasta (GR)

**13**  
9:15 Light Lift Exercise (AR)  
9:30 Packard Campus Theater Presents: On the Town (LL)  
10:15 Therapy Dog Visits (TL/MC/Lobby)  
10:30 Live Smart Learning Lecture (AR)  
10:30 Room Exercise (Ch 970)  
11:00 Therapy Dog Visits (Lib)  
11:15 Therapy Dog Visits (GR)  
12:30 Men's Luncheon (PDR)  
2:00 Bible Study with Hans (C)  
3:00 Free-Lance Canvas Painting (ACT)  
3:30 Room Exercise (Ch 970)

**14**  
9:00 Exercise with Katie (AR)  
10:00 Loss of Spouse Seminar (ACT)  
10:30 Errands Around Town (LL)  
10:30 New Resident Orientation (AR)  
10:30 Room Exercise (Ch 970)  
2:00 Music with Me & Martha (AR)  
3:15 Rummy (GR)  
5:00 Cottage Block Party (Overlook)

**15**  
9:00 Morning Walks (Lobby)  
10:00 Scrabble (GR)  
10:30 Book Club (Lib)  
10:30 Room Exercise (Ch 970)  
1:30 Bridge (GR)  
2:00 Sewing Group (Lobby)  
3:30 Room Exercise (Ch 970)

**16**  
9:15 Light Lift Exercise (AR)  
10:30 Bingo (ACT)  
10:30 Room Exercise (Ch 970)  
10:45 Music with Adam Melia performing Nashville Standard (TA)  
3:00 Saturday Feature Game (GR)  
6:00 Saturday Night Movie: Amish Grace (AR)

**17**  
9:30 Culpeper Presbyterian Church Service (Ch 970)  
9:45 Sunday School (C)  
10:30 Live Service with Culpeper Baptist Church (C)  
11:00 Culpeper Baptist Church Service (Ch 970)  
2:00 Culpeper United Methodist Church Service (Ch 970)  
3:00 Mountain View Community Church Service (Ch 970)  
6:00 Mitchell's Presbyterian Church Service (Ch 970)

**18**  
9:00 Exercise with Katie (AR)  
10:30 Flower Arranging (ACT)  
10:30 Ping Pong (AR-A)  
10:30 Room Exercise (Ch 970)  
2:00 Bible Study with Hans (C)  
2:00 Walmart (LL)  
3:30 Room Exercise (Ch 970)

**19**  
9:00 Yoga with Sarah (AR-A)  
10:00 Catholic Rosary Service (C)  
10:00 Chime Choir (ACT)  
10:30 Our Lady of Fatima and the Fall of Communism Presentation by CAINA (C)  
10:30 Room Exercise (Ch 970)  
10:30 Trip to Culpeper County Library (LL)  
12:45 Ladies' Luncheon (PDR)  
2:00 Bingo (MDR)  
3:15 Pinochle (GR)  
5:00 Flags for Heroes (Cottage Road Back Lawn)

**20**  
9:15 Light Lift Exercise (AR)  
10:30 Po-Ke-No (ACT)  
10:30 Room Exercise (Ch 970)  
2:00 Bible Study with Hans (C)  
3:30 Room Exercise (Ch 970)

**21**  
9:00 Exercise with Katie (AR)  
10:30 Errands Around Town (LL)  
10:30 Parkinson's Group (ACT)  
10:30 Room Exercise (Ch 970)  
12:45 Birthday Luncheon (PDR)  
2:00 Close Knits Sit & Knit (ACT)  
2:45 Trip to Play Pickleball (LL)  
3:15 Rummy (GR)

**22**  
9:00 Morning Walks (Lobby)  
10:00 Mahjong (GR)  
10:30 Book Club (Lib)  
10:30 Room Exercise (Ch 970)  
1:30 Bridge (GR)  
2:00 Sewing Group (Lobby)  
3:30 Room Exercise (Ch 970)

**23**  
9:15 Light Lift Exercise (AR)  
10:30 Bingo (ACT)  
10:30 Room Exercise (Ch 970)  
3:00 Saturday Feature Game (GR)  
6:00 Saturday Night Movie: Wizard of Oz (AR)

**24**  
9:30 Culpeper Presbyterian Church Service (Ch 970)  
9:45 Sunday School (C)  
10:30 Live Service with Culpeper Baptist Church (C)  
11:00 Culpeper Baptist Church Service (Ch 970)  
2:00 Culpeper United Methodist Church Service (Ch 970)  
3:00 Mountain View Community Church Service (Ch 970)  
6:00 Mitchell's Presbyterian Church Service (Ch 970)

**25**  
Memorial Day  
10:00 TLC Ladies' Group (ACT)  
10:30 Room Exercise (Ch 970)  
2:00 Bible Study with Hans (C)  
2:00 Walmart (LL)  
3:30 Room Exercise (Ch 970)

**26**  
9:00 Yoga with Sarah (AR-A)  
10:00 Catholic Rosary Service (C)  
10:00 Chime Choir (ACT)  
10:30 Room Exercise (Ch 970)  
2:00 Bingo (MDR)  
3:15 Canasta (GR)  
4:00 Dinner with Robby (AR)  
6:00 Music with Cedar Run Homesteaders (AR)  
7:00 Interest Meeting to Play Bunco (ACT)

**27**  
9:15 Light Lift Exercise (AR)  
10:15 Therapy Dog Visits (TL/MC/Lobby)  
10:30 Room Exercise (Ch 970)  
11:00 Therapy Dog Visits (Lib)  
11:15 Therapy Dog Visits (GR)  
12:00 AL In-house Picnic (Terrace Pavilion)  
2:00 Bible Study with Hans (ACT)  
3:00 Free-Lance Canvas Painting (ACT)  
3:30 Room Exercise (Ch 970)

**28**  
9:00 Exercise with Katie (AR)  
10:30 Errands Around Town (LL)  
10:30 Room Exercise (Ch 970)  
2:00 Baking with Bernie (ACT)  
3:15 Rummy (GR)  
7:00 Lion's Club Bingo (AR)

**29**  
9:00 Morning Walks (Lobby)  
10:00 Scrabble (GR)  
10:30 Book Club (Lib)  
10:30 Room Exercise (Ch 970)  
11:00 Lunch Trip to Peppers Grill (LL)  
1:30 Bridge (GR)  
2:00 Corn Hole (Terrace Pavilion)  
2:00 Sewing Group (Lobby)  
3:30 Room Exercise (Ch 970)

**30**  
9:15 Light Lift Exercise (AR)  
10:30 Bingo (ACT)  
10:30 Room Exercise (Ch 970)  
11:00 Music with Dwight Martin (TA)  
3:00 Saturday Feature Game (GR)  
6:00 Saturday Night Movie: Courageous (AR)

**31**  
9:30 Culpeper Presbyterian Church Service (Ch 970)  
9:45 Sunday School (C)  
10:30 Live Service with Culpeper Baptist Church (C)  
11:00 Culpeper Baptist Church Service (Ch 970)  
2:00 Culpeper United Methodist Church Service (Ch 970)  
3:00 Mountain View Community Church Service (Ch 970)  
6:00 Mitchell's Presbyterian Church Service (Ch 970)  
6:30 5th Sunday Hymn Sing (AR)

**LOCATION KEY**  
ACT - AL Activities Room  
GR - AL Game Room

MDR - AL Main Dining Room  
AR - Assembly Room  
AR-A - Assembly Room-A

Ch 970 - Channel 970  
C - Chapel  
Lib - Library  
LL - Load from Lobby

PDR - Private Dining Room  
TA - Terrace Activity Room

**MEMORIAL DAY**

**May 2026**  
Programming Calendar

