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COMMUNITY MATTERS
Spring / 2026



Celebrating
80 YEARS



LIFESPIRE
Faith. Wellness. Community.

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Celebrating 80 YEARS

Over 80 years ago, Dr. J.T. Edwards of Culpeper Baptist Church went before Baptist churches in Virginia with a question: “What are we doing to care for the aging adults in our communities?” With that challenge in mind, he presented the vision for Virginia Baptist Homes, and in 1946, the Baptist General Association of Virginia incorporated VBH to establish the ministry.

That was just the beginning for Dr. Edwards. He pressed forward to passionately promote his cause, providing housing and care at the Millman House in Culpeper while fundraising to build The Baptist Home for the Aged, now known as The Culpeper. His vision could have easily stopped in his town, but Edwards’ efforts had a ripple effect: Baptists in their communities helped create what is now The Chesapeake in Newport News, followed by Lakewood in Richmond and The Glebe in Daleville. Most recently, with the acquisition of The Summit in Lynchburg, this legacy has further extended into new areas of the Commonwealth.

In 2026, we continue to advance the mission Dr. Edwards began, answering his original question with LifeSpire of Virginia’s mission: empowering individuals with choices in purposeful living. Through the Virginia Baptist Homes Foundation, our benevolent ministry extends this mission by ensuring care for residents, supporting our team members, and nurturing community across all our locations.

Much has changed since Dr. Edwards began his work eight decades ago. In this 80th-anniversary edition of Community Matters, we reflect on some of those changes.



We look back at the milestones that shaped us, the new chapters that strengthened us, and we highlight how this growth continues to enrich our communities today.

It’s my honor to help advance LifeSpire's mission as we cultivate purposeful living among our residents, team members, and wider communities, honoring the same vision that guided Dr. Edwards. The first 80 years laid a remarkable foundation. The next 80 years will be built on that same commitment to purpose, well-being, and community.

- Jonathan R. Cook
President & CEO,
LifeSpire of Virginia

Welcoming NEW TRUSTEES

LifeSpire of Virginia is pleased to welcome three new members to its Board of Trustees: **Brad Harris, Shannon Shafer, and Matt Thornhill**. Each brings valuable experience and a strong commitment to serving older adults across Virginia.



BRAD HARRIS

Brad Harris, Market President for Bank of the James in the Roanoke Valley, has more than 17 years of experience in commercial lending and relationship management. A Hampden Sydney College graduate, he is active throughout the region and currently serves as President of the Board for Family Promise of Greater Roanoke.

SHANNON C. SHAFER

Shannon C. Shafer brings more than 30 years of leadership experience across technology, operations, financial services, healthcare, and the public sector. He most recently served as Vice President of Technology and Operations at Wells Fargo Advisors and previously held senior roles with Wachovia Securities and other national organizations.



MATT THORNHILL

Matt Thornhill is a nationally recognized strategist and expert on marketing to older adults. He founded The Boomer Project and co-authored *Boomer Consumer*. Matt also leads Cozy Home Community, a senior housing model for middle income baby boomers, and founded Openly Gray, a nonprofit focused on shifting perceptions of aging.

“We are excited to welcome Brad, Shannon, and Matt to LifeSpire’s Board of Trustees,” said Jonathan Cook, CEO. “As we celebrate 80 years, these additions to our board bring valuable experience and insight that will strengthen our governance and support our mission.”

WITH GRATITUDE TO OUR OUTGOING TRUSTEES

LifeSpire of Virginia extends heartfelt thanks to **Sallie Marchello, Rev. Nelson Harris, and Scott Cave**, who have completed their board service. Their leadership, guidance, and dedication have made a meaningful impact on LifeSpire’s ability to support residents, families, and team members across all communities. We are grateful for their commitment and the legacy of service they leave behind.

AGESMART

AgeSmart Expands to The Summit & Lynchburg Area

AgeSmart, the continuing care at home program of LifeSpire of Virginia, is expanding its services to the Lynchburg area, offering older adults a proactive way to plan for the future while continuing to live independently at home.

AgeSmart is now available to residents of The Summit as well as eligible older adults in the surrounding community. The expansion brings AgeSmart’s comprehensive approach to aging in place to individuals who want predictability, flexibility, and peace of mind as they plan ahead.

“Expanding AgeSmart to the Lynchburg area allows us to support more older adults with a plan that offers clarity and confidence for the future,” said Tammy Huffman, Executive Director of AgeSmart. “We are excited to broaden access to a program that protects independence while ensuring people have the care they need when they need it.”

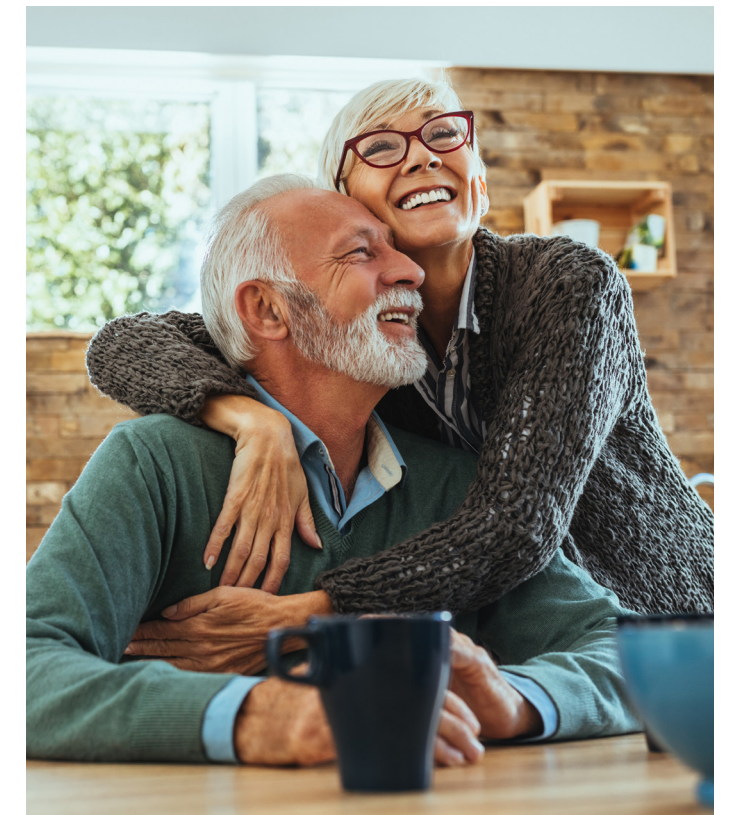
AgeSmart is designed for adults who are currently healthy and independent and who meet financial and medical eligibility requirements. Members enroll before care is needed, trading the uncertainty of future long-term care costs for a predictable monthly program fee. This approach protects hard-earned assets and eliminates the risk of unexpected, catastrophic care expenses.

When a member’s needs change, AgeSmart coordinates access to a full continuum of care, including personal care, companion services, assisted living, memory support, and skilled nursing. Services can be delivered in the member’s home or, if needed, in a LifeSpire

community or another setting of the member’s choosing. Unlike traditional long-term care insurance, AgeSmart not only helps cover the cost of care but also manages and coordinates services, reducing stress for members and their families.

In addition to care services, AgeSmart members receive access to wellness, fitness, social, and educational programs that support healthy aging and connection.

The expansion reflects LifeSpire of Virginia’s commitment to innovative, person-centered approaches to aging. For older adults who want to remain in control of their future, AgeSmart offers a thoughtful alternative, one that replaces “what if” with a plan and allows members to focus on living well today.



To learn more about AgeSmart or to explore if it’s a good fit for you, visit AgeSmartVA.org or call us at 804-420-1952

LAKEWOOD

A Living Witness: Lakewood Resident Jackie Brooks

Lakewood resident Jackie Brooks made a surprising discovery upon moving into Lakewood almost 20 years ago. Having grown up in Culpeper, Virginia, she knew her life had intersected with Virginia Baptist Homes (VBH) in a myriad of ways. But noticing a photo of The Millman House, she was stopped in her tracks.

“I said, that’s the Millman apartment,” she recalled, recognizing it as her family’s temporary home when she was four years old. Then she read the caption and discovered that the Millman home was later donated to VBH as its first official residence. “I had no idea. I was just blown away.”

This anecdote reflects a larger pattern in Jackie’s story: as the world changed and both Virginia Baptist Homes and Jackie grew and evolved, their paths intersected in surprising and special ways.

Born in 1933 in Culpeper, Jackie grew up in the foothills of the Blue Ridge Mountains, sharing, “I always say I’ve gotten home when I can see the mountains.” She was a member of Culpeper Baptist Church, and the Rev. Dr. J.T. Edwards, founder and visionary of Virginia Baptist Homes, was Jackie’s childhood Pastor who baptized her.

Jackie can even recall the moment her investment in Virginia Baptist Homes began. “I got a dollar allowance back then,” Jackie said. Speaking of her tithe, she explains, “Five cents went to church offering, and five cents went to Sunday school. Each fifth Sunday, the Sunday School offering was designated for the Baptist home, so my five cents helped build Virginia Baptist Homes.”

Not long after, Jackie was there to see that investment take shape, singing with the junior choir from Culpeper Baptist Church at the opening of the Baptist Home for the Aged, now The Culpeper, in 1951.

Jackie went on to study math at the University of Richmond, and she began working at the leading edge

of the digital revolution, at NACA (NASA’s predecessor) at Langley Field and with IBM, helping bring early computing technology into organizations along the East Coast.

“Being with IBM at the beginning of computers was really a wonderful opportunity,” she said. “I was the only woman in some of my positions.”

Throughout her impressive career, Jackie remained connected to VBH: her father and stepmother moved into Cottage 2 at The Culpeper, where she visited often. Jackie remembers her father starting one of the community’s first gardens, a place where others would come to work alongside him.

“
I always say I’ve gotten
home when I can see the
mountains.
- Jackie Brooks



*Blue Ridge Mountain
Views in Culpeper, VA*

Jackie’s commitment to VBH was further strengthened when, through Larry Matthews, her pastor at Vienna Baptist Church, she was invited to serve on the VBH Board of Trustees. She served multiple terms, first from 1991-1998, and again from 2002-2005, advocating for diversity in new trustees, and walking the orchard that would one day become The Glebe after VBH’s purchase of the property.

During Lakewood’s expansion with new villas, Jackie felt a pull to move to Richmond: “When they started building the villas, I thought, that looks like a place I would enjoy living.”

Today, Jackie’s 20th anniversary of living at Lakewood is approaching in December. She still holds symphony season tickets, supports University of Richmond basketball, both men’s and women’s, and is a member of Grace Baptist Church.



*Jackie Brooks in
Lakewood’s Heritage Gallery*

Over the course of her life, Jackie has been part of extraordinary change, from computers that once filled entire rooms now fitting in the palm of a hand, and from Virginia Baptist Homes’ beginnings in Culpeper to what is now LifeSpire of Virginia.

Beginning with the five cents she placed in a Sunday School offering and extending to her present service on Lakewood’s Heritage Committee, Jackie’s life reflects how small, faithful choices can leave a lasting imprint. It is a history she has not only witnessed, but lived.



The Millman House



The Culpeper, 1951

THE CULPEPER

Then and Now at The Culpeper

When construction began on The Culpeper’s new building in 2017, residents did not watch the change from a distance. They saw it all happen from their front porch.

Since 1951, the original Culpeper building had been home—familiar, imperfect, but deeply loved. Sometimes apartments ran hot or cold. Elevators were added, systems were patched, and the rhythms of daily life were shared closely. It was a building full of history and memory.

As the new building rose nearby, residents witnessed its creation in real time. They watched cranes lift steel into place, laughed at the sight of portable toilets being lifted high above the ground, and followed the progress floor by floor. It took two years, and for many, it became part of the daily routine.

Behind the scenes, the transition was just as personal. Executive Director Jim Jacobsen, Director of Marketing Rose Ervin, and the Culpeper team met individually with every resident to discuss not only floor plans and pricing but also preferences, concerns, and hopes. Handwritten notes slipped under Rose’s office door. Requests about neighbors, views, elevators, and privacy. Every detail mattered.

The move itself happened over three carefully choreographed days. Meals were served in both buildings. Team members guided residents step-by-step.



*The Culpeper Historical
Photos & Memorabilia*



The Culpeper , Early 1960's



New Building Construction, 2018

“It was hard work and incredibly stressful, but it was also magical,” Rose explained. “The last resident’s belongings rolled through the front door on a huge cart just as a thunderstorm broke overhead, and then a rainbow appeared.”

For resident Joan Blackwell, who moved to The Culpeper in 2015, the transition was both exciting and bittersweet.

“We would sit on the porch and watch it being built,” she said. “Then we watched them tear the old building down.” It’s not every day, after all, that you see your home being reinvented in front of you.

The new building brought long-awaited comforts: individual thermostats, modern apartments, mountain views, and even more choices. It also required adjustment and letting go.

“There were things I missed about the old building,” Joan said. “But it did feel like an upgrade.”

Today, nearly seven years later, the new Culpeper honors the past while making space for what comes next. Like aging itself, the journey required patience, resilience, and a willingness to embrace change. In return, residents and team members gained not just a new space, but an opportunity to create memories and carry forward a lasting legacy.



*Culpeper's Original Building Mid-Demolition,
Replacement Visible In Rear*



The Culpeper Completed Construction, 2019

VBH FOUNDATION



Celebrating 80 Years of Caring

As we celebrate 80 years of caring, the Virginia Baptist Homes Foundation extends heartfelt gratitude to the community partners whose generosity strengthens our mission. For eight decades, benevolence has been at the heart of LifeSpire's commitment to providing comfort, security, and compassionate support to seniors in need. The sponsorship of these dedicated organizations ensures that this legacy continues for generations to come.

We invite you to join us in honoring this milestone at bit.ly/VBH-80

THANK YOU TO OUR SPONSORS!

Their gifts help sustain lives and honor a legacy of compassion.

Legacy Circle

As Legacy Circle sponsors, SFCS, Inc. and Matthews Development Co. demonstrate an inspiring commitment to our mission. Their leadership-level support helps sustain vital resources for LifeSpire residents and reinforces the foundation of compassion that has shaped our communities for 80 years.

SFCS



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Together, these sponsors embody the compassion, community, and commitment that have guided LifeSpire for 80 years. Their investment helps us continue shining a light of hope and stability for residents who rely on the Virginia Baptist Homes Foundation.



LEAVING A LEGACY: Where Is Your Will?

Do you know where your will is? More importantly, do your loved ones know?

Having a will or trust in place is the most loving gift you can give to your heirs.

They will seek out your official instructions at a time of great sadness and stress. Here's how you can make a difficult time easier for them:

1. **Make sure you have an up-to-date will or trust** that reflects your values and your relationships with family, friends, your community, and causes close to your heart.
2. **Keep the original signed document, along with a copy, in a secure and easily accessible location like a fireproof safe** (not a safe-deposit box - banks have strict rules on who gets access). Your estate planning attorney may also offer to store it at their office as they have the means to safeguard your confidential information.
3. **Tell your executor or personal representative about your will or trust and where to find it.** Share the location of your safe and its combination or key or give them the contact information for your attorney.

Have you been asked to serve as an executor or personal representative? If the answer is yes, show your loved one the list above so they can ensure their wishes will be followed and their loved ones' minds will be at ease.



DID YOU KNOW?

More than half of Americans don't leave a will or trust.

That means frustrating legal hurdles, unanswered questions and hurt feelings for millions who are also mourning a profound loss. Don't be one of them.



Tip: Blue, Not Black

When you sign your estate planning documents, use blue ink. Then make copies in black-and-white only. That way, it is easy for you and your loved ones to tell the original from a copy.



Join Others Like You

Including the Virginia Baptist Homes Foundation in your will or other planned gift means you share a vision with others who have joined our **J.T. Edwards Legacy Society**. Named after Dr. Edwards, the visionary founder of Virginia Baptist Homes who envisioned and executed the idea of a home for seniors, the Legacy Society gifts provide us with the ability to plan for the future success of this ministry.

Reach out to the VBH Foundation office at (804) 521-9213 to learn how to leave YOUR legacy!

THE SUMMIT



The Summit’s Art Gallery Offers Culture, Generosity

Artist and choreographer Twyla Tharp once wrote, “Art is the only way to run away without leaving home.”

At The Summit’s Art Gallery, residents get to do exactly that, experiencing culture, creativity, and community while simply walking to dinner.

The gallery walls display art at The Summit year-round, featuring exhibits by local artists, art clubs, local colleges, and residents. A variety of media, from watercolor to oils, help transform the hallway into a space filled with color and culture, often featuring up to 40 pieces at a time.

Marketing Assistant Holland Lee sees firsthand the impact these displays have on residents and guests. “I always enjoy seeing residents and members of the community express their artistic talents,” she said.

Their talents are highlighted annually at The Summit’s Resident and Family Art Show. Residents, team members, and their families are invited to share their creativity in a large-scale exhibit that fills the gallery with a wide range of artistic expression. Many participants choose to honor loved ones by displaying artwork created by family members who have passed on.

“It is a beautiful way to remember their family members and honor the meaning their art holds within the community,” Holland shared. This year’s opening reception, scheduled for June 14, will welcome residents, families, and waiting list members for an afternoon of connection and celebration.

Wayne Greenlaw, Summit resident and chair of their art committee, has helped guide this vision for several years. For Wayne, the gallery’s location is part of its magic. Residents waiting for friends before dinner sit near the fireplace and study the artwork. Others stroll past the displays after an evening meal.



“I hear lots of comments,” he shared. “Isn’t that fun? Isn’t that beautiful? Or sometimes, I don’t like that.” He welcomes the variety of opinions. “There is lots of conversation, and that’s why we think it’s a great place to have the art.”

Those conversations create connection, inviting residents, team members, and guests to share reactions, memories, questions, and stories inspired by what they see. Whether someone loves a piece or isn’t sure how to feel about it, they are still engaging—and that participation becomes part of the experience.

For newer residents, like Pam Lucas, that experience can open doors to new relationships. A professional acrylic artist who has shown her work from Ft. Myers, Florida, to Washington Park in New York City, Pam moved to The Summit in August and exhibited her work in the gallery in January. The experience, she said, helped her make connections early and easily.

“So many of the people living here have come up to me and enjoyed my work and wanted to talk about it,” Pam said. “Now they even stop by to talk about art. It’s a great way to meet people.”

The art committee works throughout the year to coordinate monthly exhibits such as Pam’s, including displays from the Lynchburg Art Club and the Seven Hills Art Club, alongside resident artists and local creatives. These rotating shows keep the gallery fresh while ensuring that a wide range of voices and talents are represented.



Beyond their cultural impact, the gallery and exhibitions also support the community. This May, one of the gallery’s guest exhibitors is donating 100 percent of his proceeds to support The Summit’s Walk to End Alzheimer’s fundraising efforts.

Throughout the rest of the year, ten percent of all gallery art sales benefit The Summit’s Benevolence Fund. The fund helps ensure that eligible residents who outlive their financial resources, depending on their contract type, can remain in the place they call home. Wayne gives to the fund himself each year, sharing, “I want to care for the community.”

In these ways, the gallery does more than inspire. It fuels generosity and helps residents build community, all without ever leaving home.



THE GLEBE

20 Years at The Glebe

Two decades of service deserve recognition. As The Glebe celebrates 20 years, we're honoring the team members who have been the backbone of this community since its founding, helping shape what makes their community special.



Joyce Horton

ENVIRONMENTAL SERVICES MANAGER

What's been most meaningful to me as I look back on the past 20 years is that I'm incredibly grateful for the residents and team members I've had the privilege to work alongside; they are the heart of this community and have shaped my journey every step of the way. I'm also very thankful for the growth opportunities LifeSpire has given me.



Rose Bratton

RECEPTIONIST/CONCIERGE

I just love the residents. I love getting to run BINGO with Assisted Living each Thursday and hosting the monthly birthday and anniversary party celebrations for all levels of care.



Cindy Howell

DIRECTOR OF ADMINISTRATIVE SERVICES

Working at The Glebe has felt like having an extended family. I have grown very close to some team members as well as residents and their families.



Kenneth Breeding

MAINTENANCE TECH

I enjoy serving the residents and have a good crew to work with. I'll never forget helping clear an eight-foot snow drift!



Kenneth Allen

CULINARY SUPERVISOR

I have enjoyed meeting the residents and getting to know them and their different backgrounds. And The Glebe always takes care of you, from benefits to whatever you might need. I haven't found anywhere else that does that.



Karla Coleman

CERTIFIED NURSING ASSISTANT

I love the residents. This is a meaningful job—I've been a CNA for 32 years and at The Glebe for 20. I've worked other places, and nothing compares. The Glebe is one of the nicest communities in the Valley because I can give one-on-one support and do extra to care for residents. That isn't always possible elsewhere.



Ellen D'Ardenne

EXECUTIVE DIRECTOR

My 20+ year journey with The Glebe and LifeSpire reflects a shared commitment to growth, leadership, and community. Beginning in Culinary, expanding into Health Services, and now serving as Executive Director, I have been privileged to grow alongside this organization while developing leaders and strengthening a culture of excellence.



THE CHESAPEAKE

Building Confidence and Connection Across Generations

A monthly partnership between The Chesapeake and Riverside Elementary School has created a volunteer experience that continues to grow in meaning for everyone involved.

“Our monthly partnership with Riverside Elementary creates a meaningful intergenerational volunteer opportunity for residents that is unlike any other volunteer opportunity we have had before,” shared Candace Montgomery, Director of Life Enrichment at The Chesapeake. “Through this ongoing collaboration, our volunteers work alongside students to build confidence and skills in fun and engaging ways, from math games that make learning more exciting to one-on-one support with essay writing and reading comprehension.”

“This monthly program not only supports academic growth but also fosters connection across generations,”

Candace said. “By sharing time, encouragement, and experience, our volunteers help inspire young learners while building friendships that enrich everyone involved.”

The partnership began when Candace, whose child attends Riverside, noticed a need for volunteers at the school. Each visit is thoughtfully structured to support both students and educators. “While we only go monthly, our time there is jam-packed with opportunities to not only help the students, but also the teachers,” Candace said. “We typically spend our time with two second-grade classes, Ms. Caccaimo and Ms. Collins, both of which are very appreciative of our time.”

For many resident volunteers, the experience has been enlightening. “Our initial trip with residents proved to be eye-opening as the school system has vastly changed since their kids were in school,” Candace noted, adding that “many of our resident volunteers worked in the school system themselves.”



Residents from left to right: Larry Sheppard, Shelby Knoble, and Dot Canipe with students and staff of Riverside Elementary



Residents from left to right: Shelby Knoble and Lucy Ann Hancock with Riverside Elementary Staff

Over time, the dynamic between students and residents has deepened. “It’s amazing to see how our first visit was more of culture shock to morphing into the students looking forward to our visits and knowing the residents by name,” Candace shared.

That perspective is one that The Chesapeake resident Lucy Ann Hancock understands deeply. Former principal of Riverside Elementary School, Lucy Ann once lived just down the road from the school, on the corner of its campus. Her legacy remains visible today, including a plaque bearing her name on the building’s exterior.

Reflecting on her time as principal, Lucy Ann shared what mattered most to her. “The parents were really great supports for their children there,” she said. “That was something I really enjoyed.”

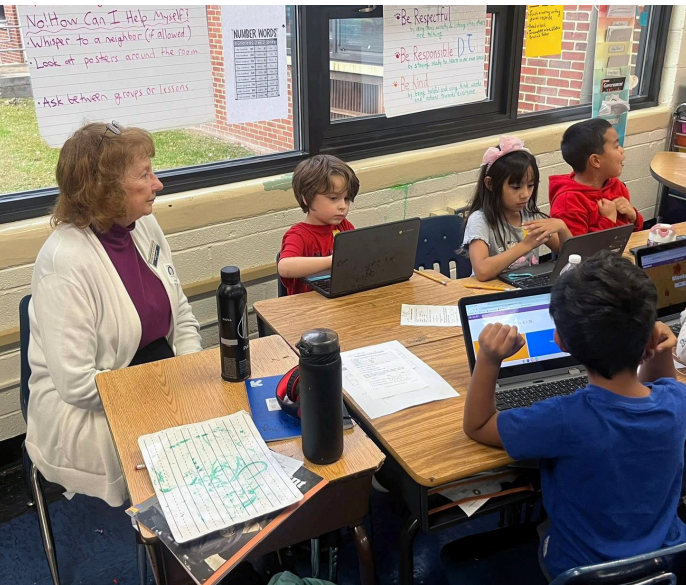
On a recent visit with The Chesapeake volunteers, Lucy Ann returned to Riverside in a new role as volunteer, one that felt both meaningful and full-circle. “I think the partnership between The Chesapeake and Riverside is beautiful,” she said. “Everybody involved in it is happy about it.”

She also acknowledged how much has changed over the years. “That first time we went was a little intense,” Lucy Ann admitted. “The school system has changed, and things are different, but it’s really neat. I’m excited for this journey. It’s something I’ve wanted to do for a while.”

Candace sees that same excitement reflected in the students. “It helps the students see what it means to grow older,” she said. “Sometimes kids view aging as something scary or unknown, and this really bridges that gap. It gives them a different picture of what it can be to be a senior adult.”

For Lucy Ann, service has always been a matter of the heart. During her years as principal, she was known for helping students get to school and surprising teachers with coffee. “It’s something you really have to put your whole heart into,” she said.

Now, through this partnership, she continues to do just that, encouraging others to invest as well, helping the next generation of students one visit at a time.



Honoring the Past...

Shaping the Future!



Virginia Baptist Homes is Incorporated



The Culpeper Opens



Lakewood Opens



The Glebe Opens



Lakewood at Home Begins



Lakewood at Home Becomes AgeSmart



The Millman House Opens



The Chesapeake Opens



VBH Foundation Established

VBH Becomes LifeSpire



The Summit Joins LifeSpire



VBH Celebrates 80 Years!





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five communities. one vision.



WHERE FAITH, WELLNESS AND COMMUNITY FLOURISH.

LifeSpire of Virginia's five communities offer many choices of apartments and homes in beautiful and inviting settings along with access to continuing care as needed. The AgeSmart program enables members to age in place, regardless of location. Take advantage of the security of knowing the future is well planned in an atmosphere where faith, wellness and community flourish.



The Virginia Baptist Homes Foundation is the philanthropic arm of LifeSpire and provides support to residents and team members through its four funds—benevolence, crisis, education and spiritual life.



THE CULPEPER



THE CHESAPEAKE



LAKEWOOD



AGESMART



THE GLEBE



THE SUMMIT

TO LEARN MORE, CALL (804) 521-9214 OR VISIT LIFESPIRELIVING.ORG