



# THE CULPEPER

April 2026

## PROGRAMMING TEAM

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# Communiqué



**LifeSpire**  
of Virginia

Faith. Wellness. Community.

*formerly Virginia Baptist Homes*



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## *Highlighted Happenings*

### **Town Hall**

Wednesday, April 1 at 10 a.m. & 2 p.m. in the AR

### **Therapy Dog Visits**

Wednesday, April 1, 15 & 29 at 11 a.m. in the Lib

Wednesday, April 1, 15 & 29 at 11:15 a.m. in the GR

### **Influencer and Volunteer Recognition Reception**

Thursday, April 2 at 2 p.m. in the AR

### **Scrabble**

Friday, April 3 & 17 at 10 a.m. GR

### **Sewing Group**

Friday, April 3, 10, 17 & 24 at 2 p.m.

### **Easter Party**

Saturday, April 4 at 2 p.m. at the Terrace Pavilion

### **Craft with Crissy from Jewell Tone Music**

Monday, April 6 at 10:30 a.m. in the ACT

### **Chime Choir**

Tuesday, April 7, 14, 21 & 28 at 10 a.m. in the ACT

### **Pinochle**

Tuesday, April 7 & 21 at 3:15 p.m. in the GR

### **Trivia Night**

Tuesday, April 7 at 5 p.m. in the AR

### **Po-Ke-No**

Wednesday, April 8 & 22 at 10:30 a.m. in the ACT

### **Men's Luncheon**

Wednesday, April 8 at 12:45 in the PDR

### **New Resident Orientation**

Thursday, April 9 at 10:30 a.m. in the AR

### **Close Knits Sit & Knit**

Thursday, April 9 & 23 at 2 p.m. in the ACT

### **Explanation of Constitutional Amendment**

Thursday, April 9 at 2 p.m. in the AR

### **Grief Group**

Friday, April 10, 17 & 24 at 10 a.m. in the ACT

### **Book Club**

Friday, April 10, 17 & 24 at 10:30 a.m. in the Library

### **Drum Circle**

Friday, April 10 at 2 p.m. in the AR

### **TLC Ladies' Group**

Monday, April 13 & 27 at 10 a.m. in the ACT

### **Ping Pong**

Monday, April 13 & 27 at 10:30 a.m. in the AR-A



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## *Highlighted Happenings Continued*

### **Virginia History Presentation with Rick Britton**

Tuesday, April 14 at 10:30 a.m. in the AR

Come hear public historian Rick Britton present: "Robert E. Lee on the Mississippi." Best known as the commander of the Army of Northern Virginia—the Confederacy's most successful field army—Robert E. Lee is little remembered for his first profession, engineering. As an engineer he performed an amazing job improving navigation on "The Father of Waters," the Mississippi River.

### **Canasta**

Tuesday, April 14 & 28 at 3:15 p.m. in the GR

### **Functional Fit Testing**

Thursday, April 16 at 9 a.m. & 1 p.m. in the ACT &

Wednesday, April 22 at 9 a.m. in the ACT & 1 p.m. in the AR-A

Please sign-up in the book if you would like to participate.

Fitness testing will take approximately 20-25 minutes per participant. Limited spaces available.

### **Birthday Luncheon**

Thursday, April 16 at 12:45 p.m. in the PDR

### **Cornhole**

Friday, April 17 and Thursday, April 30 at 1 p.m. at the Terrace Pavilion

### **Flower Arranging**

Monday, April 20 at 10:30 a.m. in the ACT

### **Karen's Line Dancing**

Monday, April 20 at 2 p.m. in the AR-A

### **The Case for the Resurrection Presentation by CAINA**

Tuesday, April 21 at 10:30 in the AR

### **Ladies Luncheon**

Tuesday, April 21 at 12:45 in the PDR

### **Dinner with Robby**

Tuesday, April 28 at 4 p.m. in the AR

### **Baking with Bernie**

Thursday, April 30 at 3:30 p.m. in the ACT

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## *Exercise Programs*

### **Room Exercise - Televised on Ch 970**

#### **Light Lift**

Wednesday, April 1, 8, 15 & 29 at 9:15 a.m. in the AR

Saturday, April 4, 11, 18 & 25 At 9:15 a.m. in the AR

#### **Exercise with Katie**

Thursday, April 2, 9, 16, 23 & 30 at 9:00 a.m. in the AR

Monday, April 6, 13, 20 & 27 at 9:00 a.m. in the AR

#### **Yoga with Sarah**

Tuesday, April 7, 14, 21 & 28 at 9 a.m. in the AR

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## *Monthly Movie Feature*

### **Two Bits & Pepper**

Saturday, April 11 at 6 p.m. in the AR

### **Roxanne**

Saturday, April 18 at 6 p.m. in the AR

### **Blank Check**

Saturday, April 25 at 6 p.m. in the AR

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## *Musical Entertainment*

### **Violin Music with Benedict Goodfriend**

Wednesday, April 1 at 10:30 a.m. in the Terrace ACT

### **Music with Howard Barnett**

Saturday, April 4 at 10:45 a.m. in the Terrace ACT

### **Music with Laura**

Saturday, April 11 at 10:45 a.m. in the Terrace ACT

### **Music with Adam Melia Performing Nashville Standard**

Saturday, April 18 at 10:45 a.m. in the Terrace ACT

### **Music with Me & Martha**

Friday, April 24 at 2 p.m. in the AR

### **Music with Dave DiPaolo**

Saturday, April 25 at 10:45 a.m. in the Terrace Level ACT

### **Music with the Cedar Run Homesteaders**

Tuesday, April 28 at 6 p.m. in the AR

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## *Dining Services*

Dining Services will be preparing a variety of wonderful meals including a delicious Easter Lunch Buffet. Please make reservations with the receptionist indicating number of guests anticipated and meal time preference. If you have any questions please contact, Bernie Hunter, Director of Dining Service at 540-321-1327.

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## *April Birthdays*

Joyce Willis 01	Carolyn Tweddell 15
Eva Mae Lloyd 06	Sharon Boothe 18
Dee Brooking 07	Shirley Houck 18
Bess Brooks 08	Margaret Seale 20
Norma Allen 10	Bob Buswell 24
Edythe Donovan 11	Vivia Mattox 28
Pam Kydes 13	Carol Wheeler 30

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## *Leave Them Smiling*

The Culpeper Administrative team would like to recognize the March Leave Them Smiling winners, Taylor Franklin, Housekeeper, and Teresa Lewis, Executive Assistant. Please remember to nominate team members you notice to be going the extra mile to be entered in a drawing to win a \$100 gift voucher of choice. Nomination boxes can be found in the 1st Floor Activity Room and Terrace Level Team Lounge.

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## *Tempting Trips*

### **Errands Around Town**

Thursday, April 2, 9, 16 & 30 at 10:30 a.m.

### **Walmart**

Monday, April 6, 13, 20 & 27 at 2 p.m.

### **Trip to Culpeper County Library**

Tuesday, April 7 & 21 at 10:30 a.m.

### **Packard Campus Theatre Presents: All About Eve**

Wednesday, April 8 at 9:30 a.m.

### **Trip to Play Pickleball**

Thursday, April 9 & 16 at 2:45 p.m.

### **Trip to Lewis Ginter Botanical Garden**

Friday, April 10 at 9 a.m.

### **Stage Alive Presents: Saxational**

Wednesday, April 16 at 6:45 p.m.

### **Lunch Trip to Blue Ridge Seafood**

Thursday, April 23 at 11 a.m.

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## *Lamb of God*

O Lamb of God, I come.

Come Where?

To Gethsemane.

Why?

Jesus Praying—His soul is sorrowful  
Asking if this cup might pass him by.  
Not my will FATHER, but yours.

O Lamb of God, I come.

Come where?

To The Cross.

Why?

See my precious JESUS. Broken, bleeding  
Dying for you and me on the tree.  
Overflowing love.

O Lamb of God, I come.

Come where?

To THE tomb.

Why?

To see if you're there.  
JESUS is buried in this borrowed grave.  
But wait... the tomb is empty!  
Jesus is not here!  
He has risen!  
Jesus lives, He lives! Hallelujah!

By Vivia S. Mattox

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## *Religious Services*

### **Good Friday Service**

Friday, April 3 at 10:30 a.m. in the Chapel

### **Sunrise Service**

Sunday, April 5 at 7:00 a.m. on the Cottage Road Back Lawn

### **Culpeper Presbyterian Church Service Ch 970**

Sunday, April 5, 12, 19 & 26 at 9:30 a.m.

### **Sunday School**

Sunday, April 5, 12, 19 & 26 at 9:45 a.m. in the Chapel

### **Live Service Culpeper Baptist Church**

Sunday, April 12, 19 & 26 at 10:30 a.m. in the Chapel

### **Culpeper Baptist Church Service Ch 970**

Sunday, April 5, 12, 19 & 26 at 11 a.m.

### **Culpeper United Methodist Church Service Ch 970**

Sunday, April 5, 12, 19 & 26 at 2 p.m.

### **Mountain View Community Church Service Ch 970**

Sunday, April 5, 12, 19 & 26 at 3 p.m.

### **Mitchell's Presbyterian Church Service Ch 970**

Sunday, April 5, 12, 19 & 26 at 6 p.m.

### **Bible Study with Hans**

Wednesday, April 1, 15, 22 & 29 and  
Monday, April 13, 20 & 27 at 2 p.m. in the AR

### **Precious Blood Catholic Mass**

Tuesday, April 7 at 9:30 a.m. in the Chapel

### **Catholic Rosary Service**

Tuesday, April 14, 21 & 28 at 10 a.m.



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## *From the Foundation*

The Virginia Baptist Homes (VBH) Foundation is proud to announce Vincent Skrinak as the 2026 recipient of the Influencer Award at The Culpeper!

The VBH Foundation Influencer Award is given to a champion of each of LifeSpire's communities who causes a positive effect on its mission to enhance the lives of our residents at LifeSpire. Influencers embody the core values of our communities through their spirit, their engagement, and their generosity.

Vince was selected for his extraordinary and enduring impact on The Culpeper community, defined by his steadfast leadership, and unwavering commitment to uplifting the community. Congratulations, Vince!

Stay tuned soon as we share more information on all of our Influencers! To learn more about the award and past honorees, visit [https://bit.ly/LS\\_Influencers](https://bit.ly/LS_Influencers)



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## *Chaplain's Corner*

"He is not here; He has risen." — Luke 24:6

April is a month that reminds us of renewal, hope, and the promise of new life. As the world around us begins to bloom, we are invited to reflect on the deeper meaning of this season—not just in nature, but within our own hearts and lives.

This year, April begins with Easter, a sacred time that speaks to the power of transformation. The Easter story reminds us that even in moments of darkness, loss, or uncertainty, hope is never lost. What may seem like an ending can become the beginning of something greater than we imagined.

Easter is not only a day—it is a message. It calls us to hold onto faith when the path is unclear, to trust that light will return after even the longest night, and to believe in the possibility of renewal in our own lives. Whether you observe Easter through worship, quiet reflection, or time with loved ones, its message remains the same: hope lives, and it is stronger than despair.

If you are carrying burdens, remember that you do not have to carry them alone. The message of Easter reminds us that love, grace, and forgiveness are always within reach.

As you move through April, may you find comfort in quiet moments, strength in your faith, and encouragement in the signs of new life all around you. May your heart be lifted by the assurance that even after hardship, renewal is possible—and hope endures.