

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY ACT - AL Activities Room GR - AL Game Room MDR - AL Main Dining Room AR - Assembly Room AR-A - Assembly Room-A	Ch 970 - Channel 970 C - Chapel Lib - Library LL - Load from Lobby PDR - Private Dining Room TA - Terrace Activity Room	*Outdoor Time is always available, weather permitting, upon request*	All activites are subject to change	New Year's Day 8:00 Tournament of Roses Parade (Channel 4) 10:30 Room Exercise (Ch 970) 3:15 Rummy (GR)	10:00 Grief Group (ACT) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:00 Corn Hole (AR) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Howard Barnett (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: A Walk in the Clouds (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Art Class with Crissy from Jewel Tone Music (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	9:10 Catholic Confessions (ACT) 9:30 Precious Blood Catholic Mass (C) 10:00 Chime Choir (ACT) 10:30 History Presentation with Rick Britton (AR) 10:30 Room Exercise (Ch 970) 10:30 Trip to Culpeper County Library (LL) 2:00 Bingo (MDR) 3:15 Canasta (GR) 5:00 Trivia Night (AR)	9:15 Light Lift Exercise (AR) 10:00 Town Hall (AR) 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 2:00 Bible Study with Hans (ACT) 2:00 Town Hall (AR) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 New Resident Orientation (AR) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 2:45 Trip to Play Pickleball (LL) 3:00 Nutrition & Gut Health Presentation by Dietitian Carin Austin (AR) 3:15 Rummy (GR)	10:00 Grief Group (ACT) 10:00 Mahjong (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Laura (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Casablanca (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:00 TLC Ladies' Group (ACT) 10:30 Ping Pong (AR-A) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	10:00 Catholic Rosary Service (C) 10:00 Chime Choir (ACT) 10:30 Room Exercise (Ch 970) 1:30 Monthly Communion Service (C) 2:00 Bingo (MDR) 3:15 Pinochle (GR)	9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (ACT) 10:30 Room Exercise (Ch 970) 12:45 Men's Luncheon (PDR) 2:00 Bible Study with Hans (C) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 12:45 Birthday Luncheon (PDR) 2:00 Close Knits Sit & Knit (ACT) 3:15 Rummy (GR) 3:30 Baking with Bernie (ACT)	10:00 Grief Group (ACT) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Live Smart Learning Lecture (AR) 10:30 Room Exercise (Ch 970) 1:00 Corn Hole (AR) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 2:30 Ladies' Tea (MDR) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Adam Melia performing Nashville Standard (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Sister Act (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	Martin Luther King Jr. Day 9:00 Exercise with Katie (AR) 10:30 Flower Arranging (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Karen's Line Dancing (AR-A) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	10:00 Catholic Rosary Service (AR-A) 10:00 Chime Choir (ACT) 10:30 Near Death Experiences by CAINA (C) 10:30 Room Exercise (Ch 970) 10:30 Trip to Culpeper County Library (LL) 12:45 Ladies' Luncheon (PDR) 2:00 Bingo (MDR) 3:15 Canasta (GR)	9:15 Light Lift Exercise (AR) 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 2:00 Bible Study with Hans (C) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 2:45 Trip to Play Pickleball (LL) 3:15 Rummy (GR) 7:00 Lion's Club Bingo (AR)	10:00 Grief Group (ACT) 10:00 Mahjong (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 10:30 Scam Presentation by UVA Credit Union (AR) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Dave DiPaolo (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Sister Act 2 (AR)
9:30 Culpeper Presbyterian Church Service (Ch 970) 9:45 Sunday School (C) 10:30 Live Service with Culpeper Baptist Church (C) 10:45 Music with Michael Henry (TA) 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 3:00 Mountain View Community Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Exercise with Katie (AR) 10:00 TLC Ladies' Group (ACT) 10:30 Ping Pong (AR-A) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)	10:00 Catholic Rosary Service (C) 10:00 Chime Choir (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bingo (MDR) 3:15 Pinochle (GR) 4:00 Dinner with Robby (AR) 6:00 Music with Cedar Run Homesteaders (AR)	9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (ACT) 10:30 Room Exercise (Ch 970) 2:00 Memorial Service (AR) 3:30 Room Exercise (Ch 970)	9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 3:15 Rummy (GR)	10:00 Grief Group (ACT) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)	9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 11:00 Music with Dwight Martin (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Groundhog Day (AR)