



FOR IMMEDIATE RELEASE

The Glebe welcomes Crystal Larson as Administrator of Health Services

DALEVILLE, VA, November 19, 2025 — The Glebe, a LifeSpire of Virginia community, has named Crystal Larson as its new Administrator of Health Services. Larson joined the community in October 2025, bringing more than 20 years of dedicated experience in senior healthcare.

Larson began her career in 2000 as a Certified Occupational Therapy Assistant before moving into leadership roles and serving as an Administrator in skilled nursing communities beginning in 2008. Originally from Southwestern Virginia, she earned her Bachelor of Science in Health Science Management from Old Dominion University. She has served on the Virginia Health Care Association Board of Directors and is a graduate of the American Health Care Association Future Leaders of America program, Class of 2018.

Throughout her career, Larson has been committed to providing person centered care and creating environments where residents can thrive while receiving exceptional quality and compassion.

"Crystal's depth of experience and her thoughtful leadership style make her an excellent addition to our team. We are thrilled to welcome her to The Glebe community," said Ellen D'Ardenne, Executive Director.

As one of LifeSpire of Virginia's five continuing care retirement communities, The Glebe is committed to fostering wellness, connection, and high quality services for residents across all levels of living.

For more information about The Glebe, visit theglebe.org.

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The Glebe

Since 2005, The Glebe has offered premier senior living to the Roanoke region. Nestled amid mountain views in Daleville, Virginia, The Glebe is a Life Plan Community (also known as a Continuing Care Retirement Community or CCRC), offering independent living, assisted living, memory support, skilled nursing, and rehabilitation. Residents can seamlessly transition to higher levels of care as needs change. To learn more, visit theglebe.org.

LifeSpire of Virginia

LifeSpire of Virginia, based in Glen Allen, Virginia, is a not-for-profit organization serving seniors since 1945. The LifeSpire of Virginia family includes five life plan communities—Lakewood in Richmond, The Chesapeake in Newport News, The Culpeper in Culpeper, The Summit in Lynchburg, and The Glebe in Daleville—as well as AgeSmart, a community-based continuing care program. The Virginia Baptist Homes Foundation is the philanthropic arm of LifeSpire and provides support to residents and team members through its four funds—benevolence, crisis, education, and spiritual life. LifeSpire of Virginia serves more than 1,400 residents and employs nearly 1,100 team members. To learn more, visit lifespireliving. org.

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MEDIA: Different formats are available upon request.



PHOTO A: Crystal Larson

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