

THE CULPEPER

A Continuing Care Retirement Community for All Levels of Care

November 2025

PROGRAMMING TEAM

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Communiqué



LifeSpire
of Virginia
Faith. Wellness. Community.

formerly Virginia Baptist Homes



Highlighted Happenings

Chime Choir

Tuesday, November 4, 11, 18 & 25 at 10 a.m. in the ACT

Pinochle

Tuesday, November 4 & 18 at 3:15 p.m. in the GR

Trivia Night

Tuesday, November 4 at 5 p.m. in the AR

Town Hall

Wednesday, November 5 at 10 a.m. & 2 p.m. in the AR

Arthritis & Nutrition Lecture with Carin Austin

Thursday, November 6 at 3 p.m. in the AR

Grief Group

Friday, November 7, 14, 21 & 28 at 10 a.m. in the ACT

Scrabble

Friday, November 7 & 21 at 10 a.m. GR

Book Club

Friday, November 7, 14, 21 & 28 at 10:30 a.m. in the Library

Sewing Group

Friday, November 7, 14, 21 & 28 at 2 p.m. in the Lobby

TLC Ladies' Group

Monday, November 10 & 24 at 10 a.m. in the ACT

Ping Pong

Monday, November 10 at 10:30 a.m. in the AR-A

Virginia History Presentation with Rick Britton

Tuesday, November 11 at 10:30 a.m. in the AR

Come hear historian Rick Britton present "Appomattox, Lee's Last Attack." At Appomattox Court House, on April 9, 1865, Robert E. Lee surrendered to Ulysses S. Grant. Over the years, however, the fame of the capitulation—along with the assassination of President Abraham Lincoln five days later—have completely overshadowed the fact that Lee launched an assault that morning, mere hours before he surrendered.

Veterans Day Service

Tuesday, November 11 at 2 p.m. in the AR

Canasta

Tuesday, November 11 & 25 at 3:15 p.m. in the GR

Therapy Dog Visits

Wednesday, November 12 & 26 at 11 a.m. in the Lib

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Men's Luncheon

Wednesday, November 12 at 12:45 in the PDR

Free Lance Canvas Painting

Wednesday, November 12 & 26 at 3 p.m. in the ACT

New Resident Orientation

Thursday, November 13 at 10:30 a.m. in the AR

Baking with Bernie

Thursday, November 13 at 3:30 p.m. in the ACT

Highlighted Happenings Continued

Cornhole

Friday, November 14 at 1 p.m. at the Pavilion

Ladies' Tea

Friday, November 14 at 2:30 in the MDR

Flower Arranging

Monday, November 17 at 10:30 a.m. in the ACT

Karen's Line Dancing

Monday, November 17 at 2 p.m. in the AR-A

Ladies Luncheon

Tuesday, November 18 at 12:45 in the PDR

Po-Ke-No

Wednesday, November 19 at 10:30 a.m. ACT

Acrylic Paint Pour with Jewell Tone Music

Wednesday, November 19 at 3 p.m. in the ACT

Birthday Luncheon

Thursday, November 20 at 12:45 p.m. in the PDR

Lion's Club Bingo

Thursday, November 20 at 7 p.m. in the AR

Live Smart Learning Lecture

Friday, November 21 at 10:30 a.m. in the AR

Exercise Programs

Room Exercise- Televised on Ch 970

Light Lift

Saturday, November 1, 8, 15, 22 & 29 at 9:15 a.m. in the AR

Wednesday, November 5, 12, 19 & 26 at 9:15 a.m. in the AR

Exercise with Katie

Monday, November 3, 10, 17 & 24 at 9:00 a.m. in the AR

Thursday, November 6, 13 & 20 at 9:00 a.m. in the AR

Yoga with Barbie

Tuesday, November 4, 11, 18 & 25 at 11 a.m. in the AR

Monthly Movie Feature

The Bucket List

Saturday, November 1 at 6 p.m. in the AR

The Great Locomotive Chase

Saturday, November 8 at 6 p.m. in the AR

A Man Called Otto

Saturday, November 15 at 6 p.m. in the AR

An Old Fashioned Thanksgiving

Saturday, November 22 at 6 p.m. in the AR

Miracle on 34th Street

Saturday, November 29 at 6 p.m. in the AR

Musical Entertainment

Music with Howard Barnett

Saturday, November 1 at 10:45 a.m. in the Terrace ACT

Music with Laura

Saturday, November 8 at 10:45 a.m. in the Terrace ACT

Music with Adam Melia Performing Nashville Standard

Saturday, November 15 10:45 a.m. in the Terrace ACT

Music with Michael Henry

Saturday, November 22 at 10:45 a.m. in the Terrace ACT

Music with the Cedar Run Homesteaders

Tuesday, November 25 at 6 p.m. in the AR

Tempting Trips

Walmart

Monday, November 3, 10, 17 & 24 at 2 p.m.

Voting Shuttle

Tuesday, November 4 at 10 a.m. & 2 p.m.

Lunch Trip to Gino's Pizza & Subs

Thursday, November 6 at 10:45 a.m.

Packard Campus Theatre Presents: If I Were King

Wednesday, November 12 at 9:45 a.m.

Errands Around Town

Thursday, November 13 & 20 at 10:30 a.m.

Stage Alive Presents Waddington Brothers

Thursday, November 13 at 6:45 p.m.

Trip to Culpeper County Library

Tuesday, November 18 at 10:30 a.m.

Trip to Play Pickleball

Thursday, November 20 at 2:45 p.m.

Shopping Trip to Spotsylvania Towne Center

Friday, November 21 at 9:30 a.m.

Leave Them Smiling

The Culpeper Administrative team would like to recognize the October Leave Them Smiling winner, Brenda Bond, Clinic Manager.

Please remember to nominate team members you notice to be going the extra mile to be entered in a drawing to win a \$100 gift voucher of choice. Nomination boxes can be found in the 1st Floor Activity Room and Terrace Level Team Lounge.

Dining Services

Dining Services will be preparing a variety of wonderful meals this month including a delicious Thanksgiving buffet on Thursday, November 27. Please be sure to make reservations with the receptionist including the number of guests anticipated by Friday, November 21.

If you have any questions please contact, Bernie Hunter, Director of Dining Service at 540-321-1327.

November Birthdays

Marjorie Domazet 01

Bill Hoffmeister 01

Lucy Bagwell 02

Dorothy Weakley 03

Kathy Davis 04

Richard Cenkus 09

Shihyung Chung 10

Barbara Matthews 12

Mary Frances Gerhardt 13

Margie Winkelmann 13

Lee Cenkus 14

Joy Colvard 16

Jean Smith 20

Carol Albright 22

Paul Rogers 22



Dr. Richard Blocker 25

Lou Edwards 25

Jerry Morris 27

Geri Peter 28

Lacy Sanford 29

Donna Hamner 30

November Anniversaries

Dale & Paula Brown 11/17

A Thanksgiving Prayer

"I lift my heart to Thee, O God,
In gratitude and praise.
For all Thy blessings of the past,
And those of future days...
For well I know if I shall live,
Thy blessings still shall flow
Across my soul in greater joy
Than I could ever know...
I thank Thee for my faithful friends,
For sunshine and the rain,
And every blessing hid or seen
Though some may come through pain
O God, accept my thanks to Thee
Each time I come to pray,
And grant each day that I shall live
Will be Thanksgiving Day."

—Author Unknown

Religious Services

Culpeper Presbyterian Church Service Ch 970

Sunday, November 2, 9, 16, 23 & 30 at 9:30 a.m.

Sunday School

Sunday, November 2, 9, 16, 23 & 30 at 9:45 a.m. in the Chapel

Live Service Culpeper Baptist Church

Sunday, November 2, 9, 16, 23 & 30 at 10:30 a.m. in the Chapel

Culpeper Baptist Church Service Ch 970

Sunday, November 2, 9, 16, 23 & 30 at 11 a.m.

Culpeper United Methodist Church Service Ch 970

Sunday, November 2, 9, 16, 23 & 30 at 2 p.m.

Mitchell's Presbyterian Church Service

Sunday, November 2, 9, 16, 23 & 30 at 6 p.m. on Ch 970

Bible Study with Hans

Monday, November 3, 10, 17 & 24 at 2 p.m. in the Chapel

Wednesday, November 5, 12, 19 & 26 at 2 p.m. in the Chapel

Christmas Pageant Practice

Monday, November 3, 10, 17 & 24 at 3 p.m. in the AR

Precious Blood Catholic Mass

Tuesday, November 4 at 9:30 a.m. in the Chapel

Catholic Rosary Service

Tuesday, November 18 & 25 at 10 a.m. in the Chapel

Tuesday, November 11 in the AR-A

5th Sunday Hymn Sing

Sunday, November 30 at 6:30 p.m. in the Chapel

Chaplain's Corner

Thanksgiving and the month of November are associated with family gatherings and large plates filled with food. There is so much more to be thankful for, and we sometimes miss the blessing of a thankful heart because we are too busy concentrating on what we don't have. God wants us to be a thankful people. He wants us to recognize Him and His provision in all things, not just when we have a holiday set aside for the purpose of thankfulness. A thankful heart is a joyful heart, and we could all use a little more joy around us.

Rejoice always, pray without ceasing, and in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:16-18

Honor Trees

This holiday season, the Virginia Baptist Homes Foundation will once again sponsor an Honor Tree in each of our resident communities.

All loved ones honored or remembered by a gift made through the VBH Foundation in 2025 will have their names placed on the Honor Tree in their community. We also create an ornament for all residents who have passed away this year.

Interested in honoring a special friend or team member? Seeing a name on a tree can bring a smile or jog a fond memory. If you are interested in having an ornament on the tree in honor or in memory of your loved one, you can make a donation online at more online at <https://bit.ly/VBHFGifts> or you can call Jodi Leonard at 804-521-9213.

The Foundation will be at The Culpeper on December 3 at 10:30 a.m. meet us in the library to help us decorate the tree.

