

THE CULPEPER

A Continuing Care Retirement Community for All Levels of Care

September 2025

PROGRAMMING TEAM

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Communiqué



LifeSpire
of Virginia
Faith. Wellness. Community.

formerly Virginia Baptist Homes



Highlighted Happenings

Chime Choir

Tuesday, September 2, 9, 16, 23 & 30 at 10 a.m. in the ACT

Cornhole

Tuesday, September 2 & 16 at 10:30 a.m. at the Pavilion

Canasta

Tuesday, September 2, 16 & 30 at 3:15 p.m. in the GR

Trivia Night

Tuesday, September 2 at 5 p.m. in the AR

Town Hall

Wednesday, September 3 at 10 a.m. & 2 p.m. in the AR

Therapy Dog Visits

Wednesday, September 3 & 17 at 11 a.m. in the Lib

Wednesday, September 3 & 17 at 11:15 a.m. in the GR

Free Lance Canvas Painting

Wednesday, September 3 & 17 at 3 p.m. in the ACT

Close Knits Sit & Knit

Thursday, September 4, 11 & 25 at 2 p.m. in the ACT

Diabetes Presentation with Dietitian Carin Austin

Thursday, September 4 at 3 p.m. in the ACT

Scrabble

Friday, September 5 & 19 at 10 a.m. GR

Book Club

Friday, September 5, 12, 19 & 26 at 10:30 a.m. in the Library

Sewing Group

Friday, September 5, 12, 19 & 26 at 2 p.m. in the Lobby

TLC Ladies' Group

Monday, September 8 & 22 at 10 a.m. in the ACT

Ping Pong

Monday, September 8 at 10:30 a.m. in the AR-A

Virginia History Presentation with Rick Britton

Tuesday, September 9 at 10:30 a.m. in the AR

Come hear historian Rick Britton present "Barksdale's Brigade at Fredericksburg!" Fought on December 11 through 13, 1862, Fredericksburg was one of the Civil War's largest battles. Often forgotten is the valiant defense of the city by a brigade of Mississippians led by Brigadier General William Barksdale, a former lawyer, newspaperman, and Congressional Democrat from Tennessee. It's a great story!

Pinochle

Tuesday, September 9 & 23 at 3:15 p.m. in the GR

Po-Ke-No

Wednesday, September 10 & 24 at 10:30 a.m. ACT

Men's Luncheon

Wednesday, September 10 at 12:45 in the PDR

Cottage Block Party

Thursday, September 11 at 5 p.m. at the Overlook

Highlighted Happenings Continued

Flower Arranging

Monday, September 15 at 10:30 a.m. in the ACT

Karen's Line Dancing

Monday, September 15 at 2 p.m. in the AR

Ladies Luncheon

Tuesday, September 16 at 12:45 in the PDR

SALT Presentation on Robocalls & Scams

Tuesday, September 16 at 3 p.m. in the AR

Hospice & Palliative Care Presentation

Wednesday, September 17 at 10:30 a.m. in the AR

In-House Picnic

Wednesday, September 17 at 12 p.m. at the Pavilion

Birthday Luncheon

Thursday, September 18 at 12:45 p.m. in the PDR

Night Under the Stars in Hawaii

Thursday, September 18 at 6:30 p.m. in the AR

Live Smart Learning Lecture

Friday, September 19 at 10:30 a.m. in the AR

Ladies' Tea

Friday, September 19 at 2:30 in the MDR

Dinner with Robby

Tuesday, September 23 at 5 p.m. in the AR

Baking with Bernie

Thursday, September 25 at 3:30 p.m. in the ACT

Lion's Club Bingo

Thursday, September 25 at 7 p.m. in the AR

Exercise Programs

Room Exercise—all Room Exercise is Televised Ch 970

Yoga with Barbie

Tuesday, September 2, 9, 16, 23 & 30 at 11 a.m. in the AR

Light Lift

Wednesday, September 3, 10, 17 & 24 at 9:15 a.m. in the AR

Saturday, September 6, 13, 20 & 27 at 9:15 a.m. in the AR

Exercise with Katie

Thursday, September 4, 11, 18 & 25 at 9:00 a.m. in the AR

Monday, September 8, 15, 22 & 29 at 9:00 a.m. in the AR

ATTENTION: Virtual Town Hall Meeting

Following a recent *Wall Street Journal* article on the senior living industry, LifeSpire is responding to resident requests by outlining the steps we take to safeguard our communities and maintain the financial strength of our organization.

This virtual presentation will be held on Wednesday, September 10 at 10:30 a.m. in the Assembly Room.

Monthly Movie Feature

Conclave

Saturday, September 6 at 6 p.m. in the AR

Super Buddies

Saturday, September 13 at 6 p.m. in the AR

Father of the Bride

Saturday, September 20 at 6 p.m. in the AR

Father's Little Dividend

Saturday, September 27 at 6 p.m. in the AR

Musical Entertainment

Music with Howard Barnett

Saturday, September 6 at 10:45 a.m. in the Terrace Level ACT

Livestream Concert with Washington Symphonic Brass

Friday, September 12 at 7 p.m. in the Chapel

Music with Laura

Saturday, September 13 at 10:45 a.m. in the Terrace Level ACT

Music with Adam Melia Performing

Nashville Standard

Saturday, September 20 10:45 a.m. in the Terrace Level ACT

Music with the Cedar Run Homesteaders

Tuesday, September 23 at 6 p.m. in the AR

Music with Michael Henry

Saturday, September 27 at 10:45 a.m. in the Terrace Level ACT

Music with Jay Daniels

Monday, September 29 at 2 p.m. in the AR

Tempting Trips

Walmart

Monday, September 1, 8, 15, 22 & 29 at 2 p.m.

Trip to Culpeper County Library

Tuesday, September 2 & 16 at 10:30 a.m.

Lunch Trip to Dragon Chef

Thursday, September 4 at 11:15

Trip to Play Pickleball

Wednesday, September 10 at 2:45 p.m.

Stage Alive Presents Richmond Symphony Orchestra

Wednesday, September 10 at 6:45 p.m.

Errands Around Town

Thursday, September 11, 18 & 25 at 10:30 a.m.

Fredericksburg Downtown Trolley Tour

Friday, September 12 at 9:30 a.m.

Packard Campus Theatre Presents: High Society

Wednesday, September 17 at 9:45 a.m.

The 1st Hymn Movie at Culpeper Baptist Church

Wednesday, September 17 at 5:15 p.m.

September Birthdays

Shirley McKelvey 01

Carole Delaney 02

Dale Brown 03

Carole Cochran 06

Wayne Carder 07

Marcia Grant 07

Bob Lipscomb 07

Eleanor Rinker 08

Victoria Croft 09

Freda Robertson 09

Carol Long 11

Linda Cramer 12

Marilyn Jordan 17

Betty Jenkins 18

Nicky Staunton 18

Beula Sprague 19

Barbara Creasy 20



Susan Dyer 20

Bob Houck 22

Bennie Pendergrass 23

Anne Anderson 26

Claire Matthews 27

September Anniversaries

Greg & Christy Ludlow 09/07

Jerry & Margaret Morris 09/09

Dining Services

Dining Services will be preparing a variety of delicious meals this month.

Dining Services will be providing a Hawaiian inspired meal for our Annual Night Under the Stars celebration, please make reservations with the receptionist by Monday, September 15. Menu details to be provided at a later date.

If you have any questions please contact, Bernie Hunter, Director of Dining Service at 540-321-1327.

Leave Them Smiling

The Culpeper Administrative team would like to recognize an additional July Leave Them Smiling Winner, Laury Settle, CNA and August Winner, Tonya Hunter, CNA/RMA.

Please remember to nominate team members you notice to be going the extra mile to be entered in a drawing to win a \$100 gift voucher of choice. Nomination boxes can be found in the 1st Floor Activity Room and Terrace Level Team Lounge.

Religious Services

Culpeper Presbyterian Church Service Ch 970

Sunday, September 7, 14, 21 & 28 at 9:30 a.m.

Sunday School

Sunday, September 7, 14, 21 & 28 at 9:45 a.m. in the Chapel

Live Service Culpeper Baptist Church

Sunday, September 7, 14, 21 & 28 at 10:30 a.m. in the Chapel

Culpeper Baptist Church Service Ch 970

Sunday, September 7, 14, 21 & 28 at 11 a.m.

Culpeper United Methodist Church Service Ch 970

Sunday, September 7, 14, 21 & 28 at 2 p.m.

Mitchell's Presbyterian Church Service

Sunday, September 7, 14, 21 & 28 at 6 p.m. on Ch 970

Bible Study with Hans

Monday, September 8, 15 & 22 at 2 p.m. in the Chapel

Wednesday, September 10, 17 & 24 at 2 p.m. in the Chapel

Precious Blood Catholic Mass

Tuesday, September 2 at 9:30 a.m. in the Chapel

Catholic Rosary Service

Tuesday, September 9 in the AR-A and September 16, 23 & 30 at 10 a.m. in the Chapel

Monthly Communion Service

Tuesday, September 9 at 1:30 p.m. in the Chapel

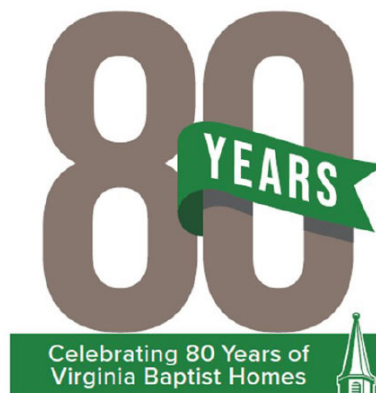


Celebrating 80 years of Compassionate Care

LifeSpire of Virginia will celebrate its 80th anniversary on March 25, 2026! Originally incorporated as Virginia Baptist Homes in 1946, our mission to provide a loving home for older adults was born—and it continues to thrive today.

Over the coming months, we'll share memorable moments, milestones, and stories that reflect eight decades of compassionate service across our communities.

Do you have a special memory or historical story to share? We'd love to hear from you! Contact Jodi Leonard at jleonard@lifespireliving.org or 804-521-9213.



Chaplain's Corner

As September arrives, we find ourselves standing at the threshold of change. Summer's warmth begins to give way to the crisp air of autumn. The leaves start to turn, school routines are in full swing, and the pace of life begins to quicken again. In many ways, September feels like a second new year—a time to refocus, recommit, and refresh.

In Ecclesiastes 3, we're reminded:

"To everything there is a season, and a time to every purpose under heaven."

This scripture is a powerful reminder that change is part of God's design. He moves us through seasons not to unsettle us, but to grow us. Each shift, whether joyful or challenging, is a chance to lean into His presence. Just as nature transitions, we too can use this season for spiritual renewal.

May September bring you clarity, courage, and a deep sense of God's presence as you navigate your unique season. I encourage you to embrace it as a sacred opportunity for reflection, reconnection, and renewal.