

LAKEWOOD at Home

Live the life you envision.

Lakewood at Home is an innovative program for healthy, independent seniors in the Richmond area. The program provides members with the opportunity to:

- Remain at home as long as medically feasible
- Protect their assets against unanticipated long-term care expenses
- Give their loved ones the assurance they will not be burdened with the stress of

coordinating, arranging or paying for custodial care

- Have peace of mind, knowing they have a great long-term care plan in place should they ever need one.

Lakewood at Home's membership-based program offers a combination of the financial protection of long-term care insurance with the continuum of care and amenities of a continuing care retirement community.

Lakewood at Home offers members personalized care coordination with an emphasis on health and personal wellness, including a robust social activities program and access to Lakewood's renowned campus.

To learn more, attend a seminar or schedule a private appointment by calling (833) 431-5639.



Introducing the LAKEWOOD AT HOME TEAM

**Tammy Mackey,
Executive Director**



Tammy Mackey began her career at LifeSpire of Virginia in July 2016. She

was appointed executive director of Lakewood at Home in August 2018. Tammy previously served 19 years overseas with the International Mission Board. Tammy holds a bachelor of behavioral science degree from Hardin-Simmons University in Abilene, Texas, a master's degree of marriage and family counseling and a master's in religious education from Southwestern Baptist Theological Seminary.

**Bill Lee,
Sales Counselor**



Bill Lee has 35 years of sales and marketing experience, working in insurance and

advertising in business development and management. Bill and his wife, Bea, have been married 34 years. They have three adult children and five grandchildren. Bill is a lifelong resident of Virginia but has traveled extensively throughout the United States and abroad. He is a veteran of the United States Marine Corps and an avid outdoorsman.

**Kelsey Camire,
Care Coordinator**



Kelsey Camire is a Licensed Clinical Social Worker with a background in the senior care industry.

Kelsey previously spent five years as a community social worker for Better Housing Coalition. Kelsey received her master's degree in social work from Virginia Commonwealth University, where she also completed an internship with Richmond Behavioral Health Authority's Emergency Services team. Kelsey received her bachelor's degree in psychology from Roanoke College in 2013.

**Sarah Amick,
Administrative Assistant**



Sarah Amick joined the LifeSpire of Virginia team in May 2018. Her prior work experience

includes more than 18 years of administrative assistance and customer service in academic and public libraries in Virginia and West Virginia. Sarah is a graduate of the University of Mary Washington with a bachelor's degree in English and Virginia Commonwealth University with a bachelor's degree in religious studies.