

SPECIAL ISSUE | LifeSpireLiving.org | April/May/June 2017

# Community

2016 LifeSpire of Virginia Annual Report *Matters*





Faith. Wellness. Community.

formerly Virginia Baptist Homes

**Community Matters**

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LifeSpire of Virginia operates four continuing care retirement communities throughout Virginia: The Culpeper in Culpeper; The Glebe in Daleville; The Chesapeake in Newport News and Lakewood in Richmond.

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In 2016 we continued to build on the gains made in 2015: maintaining 4- or 5-star CMS ratings at each of our communities, meeting or exceeding our net operating income goals, drafting a corporate-wide hospitality plan, exceeding many financial benchmarks, and recognizing a net financial gain for the first time in almost 20 years. As we look to the future, we believe we are well on our way to becoming an industry leader in senior housing as we sharpen our focus on dining, wellness and hospitality and provide new and renovated communities for our residents. Thank you for joining us in our mission to provide outstanding senior care far into the future.

— **Jonathan Cook**, LifeSpire President and CEO



## LifeSpire of Virginia

LifeSpire of Virginia operates four unique continuing care retirement communities throughout Virginia: The Culpeper in Culpeper, The Glebe in Daleville, The Chesapeake in Newport News and Lakewood in Richmond. Each community welcomes and supports people of all backgrounds in a faith-based family atmosphere. Though LifeSpire is one family, each community retains a unique sense of identity — a “personality” made of myriad attributes, defining characteristics, and deep connections to local areas.



### OUR COMMITMENT

Each LifeSpire community provides a full continuum of care to address the changing health needs of seniors. Readily accessible assisted living, 24-hour nursing care, physical therapy, and memory support services give residents and their families peace of mind, knowing staff is always available to provide excellent service and care.

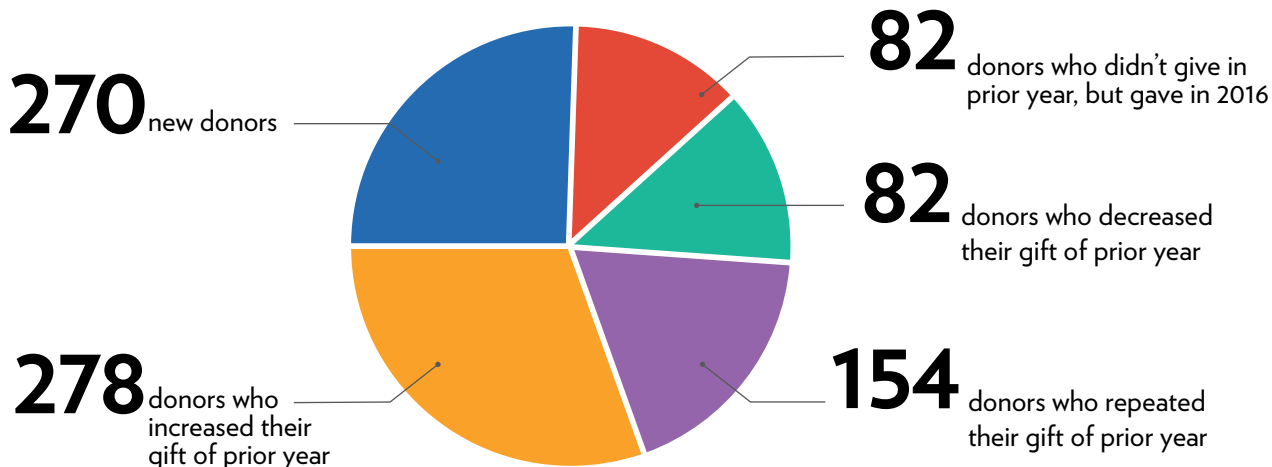
### OUR FAITH

You might say faith started it all—way back in 1945 when Dr. J. T. Edwards saw a need to provide for Virginia Baptists in their retirement years. Since then, our communities have grown to welcome and support people of all backgrounds, but the hospitality that results from a culture deeply rooted in Christian faith lives on.

**“The atmosphere here is genuine.  
People live it.”**

*—Louise Mason,  
Chaplain at Lakewood*

## 2016 Donor Trend Report



## Resident Giving



## OUR MISSION

Each year, the VBH Foundation raises funds to assist residents who have outlived their resources. Gifts enable residents to remain in their homes and receive care. Residents, individual church members, business partners, Virginia Baptist churches, and the BGAV are among those who give generously to our benevolent ministry.

## Among Those Receiving Benevolence

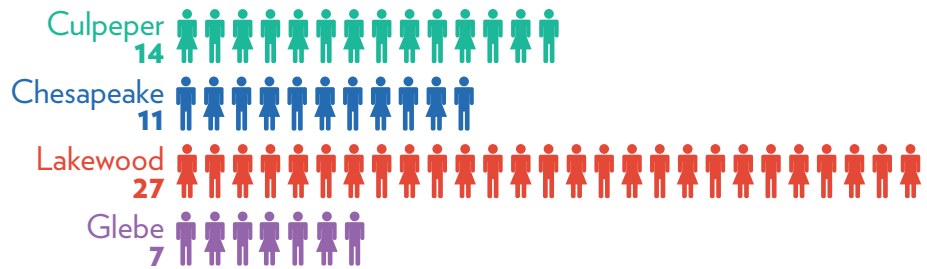
**87%**  
are women

**63%**  
are widows

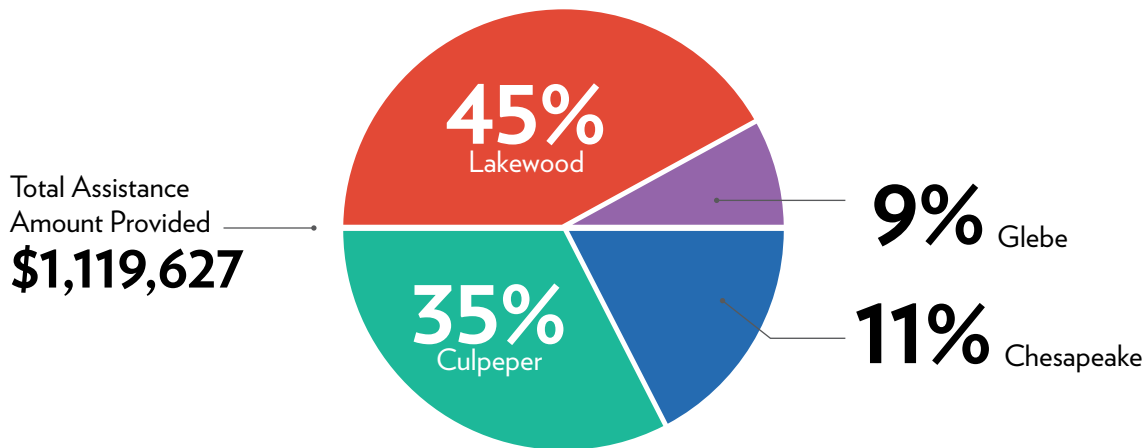
**55%**  
are over 90

## BENEVOLENT ASSISTANCE | YEAR ENDING DECEMBER 31, 2016

**59**  
TOTAL RESIDENTS  
RECEIVING SUPPORT



## Benevolent Assistance Provided



## Benevolent Funding Sources

	Total	Culpeper	Chesapeake	Lakewood	Glebe
Support from Gifts, Trusts & Estates	\$482,899	\$341,128	\$24,183	\$50,655	\$66,933
Support from Endowed Funds	629,255	13,708	100,857	487,165	27,525
<b>Total Gift &amp; Endowment Support</b>	<b>\$1,112,154</b>	<b>\$354,836</b>	<b>\$125,040</b>	<b>\$537,820</b>	<b>\$94,458</b>

## J. T. Edwards Society *as of December 31, 2016*

Formed in 1996, the J.T. Edwards (JTE) Society honors those who have included LifeSpire, the VBH Foundation or one of our four communities in their estate plans. Bequests, charitable gift annuities, trusts and gifts of life insurance or retirement accounts are the most common ways that JTE members provide benevolent support for LifeSpire residents. We celebrate 69 generous individuals and couples who have chosen to create their own legacy to help others at LifeSpire!

Mr. and Mrs. R. Daniel Arnold	Mrs. Martha O. Fleming	Mr. Maurice C. Law	Peter and Myra Robinson
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Ms. Carole A. Edwards	Mrs. Murrell T. Landrum	Mr. and Mrs. M. Hunter Riggins, Jr.	Mrs. Lois L. Wolf
Ed and Emily Fitzgerald		Dr. and Mrs. Randall Robinson	7 anonymous donors

## J. T. Edwards Society Legacy Gifts

In 2016, 46 donors made their ultimate gift to LifeSpire through estate planning. Some created a trust that provides income every year. Others gave through bequests. These generous expressions of faith humble us. While their passing saddens us, we remember the way they lived—with love and kindness for others.

Mary Louise Old Andrews Trust	Estate of Margaret May Franklin	Estate of Annie H. Johnson	Waller J. Rucker and Sallie M. Rucker Trust
Estate of Mable Cox Baird	Mr. and Mrs. R. E. Graves Trust	Ora Jones Trust	Estate of Garner T. Schillinberg Trust
Hatcher Broadus and Therma Valentine Baxter Living Trust	Edward Russell Gray Memorial Fund	The Joanna E. Kaiser Irrevocable Trust	J. Robert Stiff Memorial Trust
William Hirst Bell and Annie Lee Bell Memorial Fund	Woodford B. Hackley Trust Fund	Yvonne Stewart Kelly Fund	Hubert T. Thornhill Trust
Alma P. Bryan Trust	John T. & Mamie Harris Trust	Jane C. Kulikowski Revocable Trust	Robert A. Treakle Trust
Culpeper Endowment Fund	Laura J. Harris Trust	Alice Ruth and Willie Parr Lewis Trust	Estate of Christine M. Trevvett
Alton Carlton Elder Trust	Lizzie Harvey Trust	Mr. and Mrs. Wilbur Jason Lyttle Living Trust Fund	James T. Tunstall Trust
John W. and Ruth B. Elmore Trust	Charlie Hatchel Living Trust Fund	Catherine H. Mahoney Trust	Estate of Katherine Turner
Estate of Lee S. and Nora Estes	Samuel W. Holdcroft Trust Fund	Lloyd C. and Ruth C. Moore Trust	Estate of Catherine B. Walker
David J. & Edith Evans Trust	Ira C. and Bertha Johns Hopkins & Nancy Hopkins Bryan Fund	Estate of Elizabeth A. Nalley	Estate of Emmie S. Waller
Stanford L. Fellers, Jr. Memorial Trust	C. Kenneth Horner Trust	James M. and Ida F. Rose Trust	Estate of Clarence Warren
	Mary B. Hudson Trust Fund		Georgia T. Witt Fund
			Estate of Magdalene W. Wooten

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## 2016 Honor Roll of Donors

We sincerely appreciate every donor who helps to provide comfort and security to seniors in need. Your support gives peace of mind to our residents and their families.

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Mr. Randy Ross  
Mrs. Jacqueline R. Rowland  
Susan and Michael Rucker  
Mr. Phil Rudisill

† deceased



**S**ocial accountability is the extent to which a non-profit organization responds to the needs of the community surrounding it. In 2016, LifeSpire communities provided nearly \$75,000 in financial support or fees waived to a variety of causes. Staff provided more than 1,700 hours, and residents donated more than 4,000 hours to community outreach initiatives. Whether the contribution is a monetary gift to the Alzheimer’s Association, resident-knitted caps for newborns or any other gift or donation, LifeSpire staff and residents are proud to give back to the communities that support them.

**The Culpeper** donated \$2,360, 70 staff hours, and 352 resident hours to causes such as The Boy Scouts of America, McGuire Veteran’s Hospital, The Culpeper County library, Hope for Appalachia, Samaritan’s Purse, and St. Stephen’s food closet. Through these efforts, The Culpeper residents and staff provided blankets, books, toiletries, food, and other supplies to men, women, and children in Culpeper and around the world.



**The Chesapeake** donated \$10,570, 74 staff hours, and 403 resident hours to causes such as the American Red Cross, Eyes of Hope, the Virginia Peninsula Foodbank, The Gideon’s, and the SPCA. Notably, The Chesapeake staff raised \$7,890 in pledges to United Way, helping a variety of organizations meet needs throughout the U.S.

**The Glebe** donated \$37,323, 1,152 staff hours, and 1,391 resident hours. Included in these numbers are nearly \$15,000 in fees waived to C.N.A. and L.P.N. students who received more than 1,000 hours of clinical training at The Glebe. In addition, through a partnership with local pianist Erica Sipes, The Glebe gave approximately \$800 in 2016 to the Children’s Trust of Roanoke Valley from donations received during a recital series Sipes presented at The Glebe.



**Lakewood** donated \$21,625, 447 staff hours, and 1,930 resident hours to a wide variety of local, national, and international causes. Among them was the Alzheimer's Association of Greater Richmond, which benefitted from a \$10,000 donation. In addition, residents donated more than 1,900 hours of "knitting time" to handmade caps for newborns at St. Mary's Hospital in Richmond and World Vision's Knit for Kids initiative.



**Other ways our communities gave back in 2016**

SUSSEX SQUARE  
**BOY SCOUTS**  
 BON SECOURS ADVISORY COMMITTEE  
**FIRST BAPTIST CHURCH**  
 MEN'S MNISTRY EYES OF HOPE  
 GOODWILL INDUSTRIES RIVERSIDE HOSPITAL BOYS HOME OF VIRGINIA  
**TOYS FOR TOTS** FOOD **SOUTHWEST VA BALLET**  
 EMPLOYEE SPONSORSHIPS B-TECH MILL CREEK BAPTIST CHURCH  
 CRISIS FUND LEADING AGE **SCHOOL SUPPLIES** **BOOKS**  
**FINCASTLE GARDEN CLUB** CRADDOCK CENTER **MILL MOUNTAIN THEATRE** CHRISTIAN  
**JAMES RIVER HIGH SCHOOL AFTER PROM** FREE CLINIC  
 BOTETOURT ECPI  
 RESOURCE CENTER **UNITED WAY** MEETING SPACE  
 ALZHEIMER'S ASSOCIATION GREATER RICHMOND FUNDRAISING  
 SPCA CARILION'S CAMP ALKULUNA FOR UNDERPRIVILEGED CHILDREN  
 VASCUALR SURGERY **AMERICAN CANCER SOCIETY**  
 CHILDREN'S TRUST ST. MARY'S HOSITAL MONETARY DONATIONS  
 ROANOKE VALLEY EAST GATE CHURCH OF NAZARENE  
 BLUE RIDGE AUTISM ACHIEVEMENT CENTER  
**GREENFIELD FALL FESTIVAL** HOPE FOR APPALACHIA  
**LIONS CLUB**  
 BLUE RIDGE AUTISM ACHIEVEMENT CENTER  
**WORLD VISION**  
 RELAY FOR LIFE  
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 1 anonymous donor

*Every effort has been made to ensure that each donor is included correctly. If you made a gift in 2016 and your name has been omitted or listed incorrectly, please accept our sincere apology and contact us at (804) 521-9213 so we may accurately acknowledge your gift.*

† deceased

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## Tribute Giving

Gifts received in honor of and in memory of loved ones are wonderful expressions of compassion and understanding. We celebrate those who were remembered in a special, meaningful way.

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**“We make a living by what we get,  
but we make a life by what we give.”**

—*Winston Churchill*

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Elizabeth C. Wilkinson  
Hudson H. Williams  
K. P. Wilson

---

Marvin Wilson  
Raymond Winder  
Nancy Winder  
Magdalene W. Wooten  
Charles E. Zimmerman

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Karla Adair  
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Martha J. Bradshaw  
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W.L. Wimmer  
Douglas S. Youndt



LIFESPIRE CONSOLIDATED BALANCE SHEET

<b>Summarized Consolidated Balance Sheet</b>	<b>December 31, 2016</b>	<b>December 31, 2015</b>
Current Assets	\$35,922,627	\$36,359,420
Investments	19,204,075	16,616,458
Beneficial Interest in Perpetual Trusts	8,116,653	8,074,136
Assets Whose Use is Limited	8,984,102	10,208,997
Property, Plant and Equipment	122,891,418	123,784,841
Other Assets	40,491	116,217
	<b>\$195,159,366</b>	<b>\$195,160,069</b>
Current Liabilities	\$15,531,593	\$15,934,993
Advanced Fee Refund Liability	14,889,801	12,530,577
Less Current Portion		
Deferred Revenue from Advanced Fees	75,272,201	75,814,090
Annuities Payable	557,828	663,998
Long Term Debt	124,511,886	124,415,627
Net Assets	(35,603,943)	(34,199,216)
	<b>\$195,159,366</b>	<b>\$195,160,069</b>

LIFESPIRE STATEMENTS OF OPERATIONS AND CHANGES IN NET ASSETS

<b>Summarized Consolidated Statements of Operations and Changes in Net Assets</b>	<b>December 31, 2016</b>	<b>December 31, 2015</b>
<b>Unrestricted Revenues, Gains and other Support</b>		
Residential Services	\$48,320,061	\$46,662,958
Health Care Services	18,015,074	16,049,878
Net Assets Released from Restrictions		
Used for Operations	855,955	210,006
Unrestricted Gifts and Donations	478,161	556,676
Investment Income	1,032,804	1,620,242
Other	1,946,123	1,913,010
<b>Total Revenue, Gains, and other Support</b>	<b>\$70,648,178</b>	<b>\$67,012,770</b>
<b>Operating Expenses</b>		
Salaries, Wages and Professional Fees	\$33,254,122	\$33,494,537
Depreciation and Amortization	10,387,792	10,345,558
Interest	7,207,872	7,314,270
Other Expenses	19,567,039	19,174,024
<b>Total Operating Expenses</b>	<b>\$70,416,825</b>	<b>\$70,328,389</b>



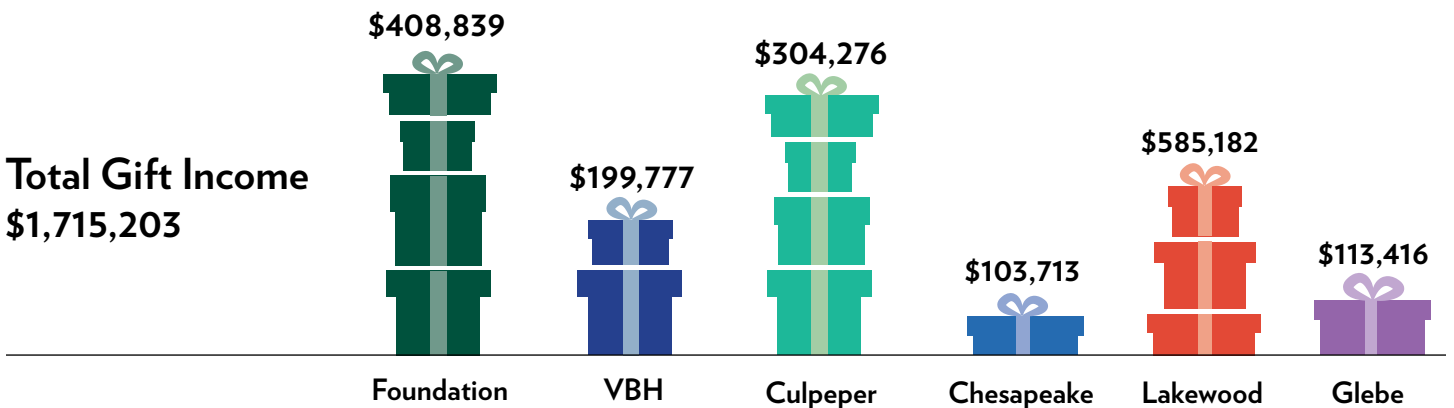
<b>Summarized Consolidated Statements of Operations and Changes in Net Assets (continued)</b>	<b>December 31, 2016</b>	<b>December 31, 2015</b>
Operating Income (Loss)	\$231,353	(\$3,315,619)
<b>Nonoperating Income (Loss)</b>		
Loss of Extinguishment of Debt	(\$1,903,178)	\$0
Other-than-temporary Decline in Value of Investment	(75,000)	0
Loss of Disposal of Assets Held for Sale	0	(149,347)
Total Non-Operating Income (Loss)	(1,978,178)	(149,347)
<b>Deficiency of Revenues, Gains and Other Support Over Expenses</b>	<b>(\$1,746,825)</b>	<b>(\$3,464,966)</b>
Other Changes in Unrestricted Net Assets		
Change in Unrealized Gains (Losses) on Investments	404,776	(774,564)
Net Assets Released from Restrictions for Acquisition of Property, Plant and Equipment	0	200,804
Decrease in Unrestricted Net Assets	(\$1,342,049)	(\$4,038,726)
<b>Temporarily Restricted Net Assets</b>		
Gifts, Grants and Bequests	\$596,888	\$385,250
Investment Income	35,573	57,093
Change in Value of Annuity Obligations	(135,342)	50,269
Net Assets Released from Restrictions	(855,955)	(410,810)
Increase (Decrease) in Temporarily Restricted Net Assets	(\$358,836)	\$81,802
<b>Permanently Restricted Net Assets</b>		
Gifts, Grants and Bequests	\$337,788	\$2,376,349
Change in Value Annuity Obligations	(17,045)	(33,822)
Change in Present Value of Perpetual Trust Funds	(24,585)	(323,502)
Increase in Permanently Restricted Net Assets	\$296,158	2,019,025
<b>Decrease in Net Assets</b>	<b>(\$1,404,727)</b>	<b>(\$1,937,899)</b>
Net Assets (Deficit) - Beginning of Year	(34,199,216)	(32,261,317)
<b>Net Assets (Deficit) - End of Year</b>	<b>(\$35,603,943)</b>	<b>(\$34,199,216)</b>

## Unrestricted Gifts

	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Bequests & Estates	\$236,588	\$8,257	\$0	\$228,331	\$0	\$0	\$0
BGAV Cooperative Program	27,675	0	27,675	0	0	0	0
Churches	17,197	1,853	14,094	1,250	0	0	0
Foundations & Businesses	153,992	121,954	25,821	2,916	0	3,300	0
Individuals	26,256	24,486	1,230	0	240	300	0
Gift Transfers from VBHF	0	(156,550)	597	39,213	23,943	25,865	66,933
<b>Total Unrestricted Gifts</b>	<b>\$461,708</b>	<b>\$0</b>	<b>\$69,417</b>	<b>\$271,710</b>	<b>\$24,183</b>	<b>\$29,465</b>	<b>\$66,933</b>

## Restricted Gifts

	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Current Benevolent Funds	\$518,531	\$0	\$0	\$850	\$53,854	\$460,313	\$3,514
Building Fund Gifts	0	0	0	0	0	0	0
Endowment Funds	174,960	174,910	0	0	0	50	0
Net Golf Tournament Income	32,343	32,343	0	0	0	0	0
Richmond Baptist Trust Fund	19,691	0	0	0	0	19,691	0
Specific Purpose Funds	13,185	1,586	0	0	2,730	4,575	4,294
Gifts Annuities Received	200,000	200,000	0	0	0	0	0
Annual Income from Perpetual Trusts	294,784	0	130,360	31,716	22,946	71,087	38,675
<b>Total Restricted Gifts</b>	<b>\$1,253,494</b>	<b>\$408,839</b>	<b>\$130,360</b>	<b>\$32,566</b>	<b>\$79,530</b>	<b>\$555,717</b>	<b>\$46,483</b>



RESTRICTED FUNDS BALANCES | YEAR ENDING DECEMBER 31, 2016

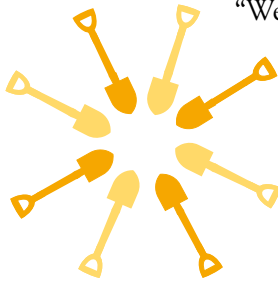
	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Permanent Endowments	\$4,008,664	\$2,364,911	\$304,946	\$0	\$56,816	\$1,274,375	\$7,616
Gift Annuities	1,271,900	1,271,900	0	0	0	0	0
Benevolence Funds	4,394,009	0	0	0	100,683	4,293,326	0
Specific Purpose Funds	447,422	5,180	1,000	48,714	26,322	344,886	21,320
Hearn Fund (SPF)	1,154,742	0	0	1,154,742	0	0	0
Building Funds	133,668	0	0	133,668	0	0	0
Richmond Baptist Trust Fund	3,326,865	0	0	0	0	3,326,865	0
Endowed Funds for Benevolence	1,508,540	1,508,540	0	0	0	0	0
<b>Total</b>	<b>\$16,245,810</b>	<b>\$5,150,531</b>	<b>\$305,946</b>	<b>\$1,337,124</b>	<b>\$183,821</b>	<b>\$9,239,452</b>	<b>\$28,936</b>



# The Culpeper Groundbreaking

On May 10, 2017, The Culpeper broke ground on its new community. Replacing a building originally constructed in 1949, the new Culpeper will offer residents larger living space, modern dining facilities, a state-of-the-art fitness center, and a memory care neighborhood, the only one of its kind in the Culpeper area. About 200 residents, community leaders, and guests gathered for the

afternoon ceremony. Utilizing the theme, "Building for Tomorrow," the afternoon included brief remarks from community leaders, displays of historic photos, a video of the original 1949 ground breaking, and architectural renderings of the future community.



"We are starting a new beginning for The Culpeper," said LifeSpire CEO Jonathan Cook. "I want to thank you all for being a part of it."

## Building *for* Tomorrow

THE  CULPEPER



LifeSpire  
of Virginia

Faith. Wellness. Community.

LifeSpire of Virginia operates four exceptional communities that welcome people from all faiths and share the steadfast mission of providing *Dignity in Living*.

  
VBH Foundation  
Faithfully supporting LifeSpire's benevolent mission

The VBH Foundation raises funds to help LifeSpire's life care residents who outlive their financial resources remain in their homes. In 2016 we provided more than \$1,100,000 in benevolence to 59 residents, across all four communities.

THE  CULPEPER

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(800) 894-2411

The *Glebe*

Blue Ridge Living

Daleville  
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