

Faith.
Wellness.
Community.



Faith. Wellness. Community.

formerly Virginia Baptist Homes



Faith. Wellness. Community.

formerly Virginia Baptist Homes

Community Matters

A LifeSpire of Virginia Publication April/May/June 2016, Vol. 2, No. 2

President and CEO

Ionathan Cook jcook@lifespireliving.org

Vice President, Marketing & **Public Relations**

Peter Robinson probinson@lifespireliving.org

Vice President, VBH Foundation

Patricia Morris pmorris@vbh.org

Editor-in-Chief

Ann Lovell alovell@lifespireliving.org

Design Services provided by

Anstey Hodge Advertising Group 120 Commonwealth Ave. NE, Roanoke, VA 24016

Community Matters is published four times per year by LifeSpire of Virginia. Editorial submissions are welcome. Please send queries to Ann Lovell. Submissions may be edited for length, style, content, and clarity.

LifeSpire of Virginia operates four continuing care retirement communities throughout Virginia: The Culpeper in Culpeper; The Glebe in Daleville; The Chesapeake in Newport News and Lakewood in Richmond.

LifeSpire of Virginia 1900 Lauderdale Drive Richmond, VA 23238 Web: lifespireliving.org Facebook: LifeSpireLiving Twitter: @lifespireliving

Contents copyright © 2016 by LifeSpire of Virginia. All rights reserved. Send permission requests to alovell@lifespireliving.org.

Contents

6 Keeping the Dream Alive

J. T. Edwards Society members and Legacy Donors.

8 Giving Back

Spotlight of 100-year-old Lakewood resident Buddy Hamilton's work with Richmond's homeless population.

10 Social Accountability

Community vignettes, LifeSpire communities give back.

- From the President
- Donor Trend Report and Resident Giving
- 5 Benevolent Assistance
- 12 Consolidated Balance Sheets
- 13 Statement of Operations
- 14 Gift Report Totals
- 15 Restricted Fund Balances

LifeSpire Board of Trustees

Rev. Herbert (Bert) O. Browning, Jr. Midlothian

Mr. R. Scott Cave Richmond

Rev. C. Nelson Harris Roanoke

Mr. LeBron J. Holden Charlottesville

Mr. R. Craig Hopson, Esq. N. Chesterfield

Mr. Michael E. Keck Richmond

Mr. John T. King Richmond

Mr. Robert L. Musick, Jr., Chair Richmond

Mr. Samuel G. Oakey, III Roanoke

Mr. Arne W. Owens Richmond

Mrs. Susan C. Rucker, Vice Chair Midlothian

Mr. Michael M. Smith Henrico

Mr. Ned Stephenson Tappahannock

Mr. Joseph M. Teefey Richmond

Mr. William F. Trimble, Jr. Hampton

Mr. Charles W. Tysinger Richmond

Mr. Oliver L. Way Richmond

Mr. J. Robert Yeaman, III Culpeper



2015 was a transformative year. We changed our corporate identity from Virginia Baptist Homes to LifeSpire of Virginia. We lowered our deficit and made effective strides toward a balanced budget. We provided support totaling roughly \$1,100,000 to 60 residents across all four communities. Through it all, LifeSpire's residents, donors, and staff modeled servant leadership, acts of selflessness, and community service. From volunteering at local churches and hospitals to delivering Meals on Wheels, LifeSpire's residents, donors, and staff inspire me. I am truly thankful to be a part of the LifeSpire family, making Virginia a better place to live, work, and retire.

— Jonathan Cook, LifeSpire President and CEO

"For more than 70 years, LifeSpire of Virginia has remained true to our long-standing tradition of excellence and innovation—a tradition propelling us forward into a future filled with promise and hope."

LifeSpire of Virginia

LifeSpire of Virginia, formerly Virginia Baptist Homes, operates four unique continuing care retirement communities throughout Virginia: The Culpeper in Culpeper, The Glebe in Daleville, The Chesapeake in Newport News and Lakewood in Richmond. Each community welcomes and supports people of all backgrounds in a faith-based family atmosphere. Though LifeSpire is one family, each community retains a unique sense of identity, a "personality" made of myriad attributes, defining characteristics, and deep connections to local areas.



OUR COMMITMENT

Each community provides a full continuum of care to address the changing health needs of seniors. Readily accessible assisted living, 24-hour nursing care, physical therapy, and memory support services give residents and their loved ones peace of mind, knowing staff is always available to provide excellent services and care.

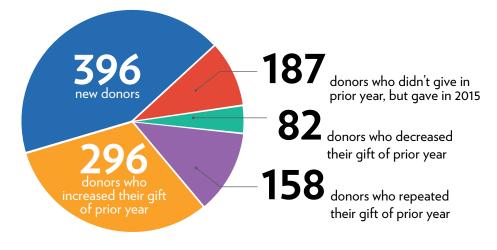
OUR FAITH

Every day, God's love is shared among residents, their families, and our staff. During a time in life when seniors may find themselves without a caring support system, residents of our retirement communities have their bodies, minds, and spirits continually nourished through quality care, faithful service, and a home-like atmosphere.

"Our first priority is service. We put residents first at all times."

-George Moore, Dining Room Manager, The Chesapeake

2015 Donor Trend Report



2015 Golf Tournament Report players in **4** tournaments

et Proceed \$66,892

Resident Giving

298 total donors _____ Total Gift Amount

\$289,198



OUR MISSION

Each year, the VBH Foundation raises funds to assist residents who have outlived their resources. Gifts enable residents to remain in their homes and receive care. Residents, individual church members, business partners, Virginia Baptist churches, and the BGAV are among those who give generously to our benevolent ministry.

"We know the benevolent fund helps keep people in their homes. That's why we make contributions to the VBH Foundation."

> -Baerbel Schaller. The Chesapeake resident



BENEVOLENT ASSISTANCE | YEAR ENDING DECEMBER 31, 2015





Benevolent Assistance Provided

	Total	Culpeper	Chesapeake	Lakewood	Glebe
Monthly Fees	\$1,062,539	\$365,324	\$182,259	\$443,742	\$71,214
Amortized Entrance Fees	0	0	0	0	0
Hair Care, Meals & Ancillary Services	5,374	0	0	5,374	0
Medical Expenses	21,701	0	0	21,701	0
Total Benevolent Assistance Provided	\$1,089,614	\$365,324	\$182,259	\$470,817	\$71,214

Benevolent Funding Sources

	Total	Culpeper	Chesapeake	Lakewood	Glebe
Support from Gifts, Trusts & Estates	\$664,964	\$331,537	\$258,554	\$22,691	\$52,182
Support from Endowed Funds	484,464	0	21,687	443,742	19,035
Total Gift & Endowment Support	\$1,149,428	\$331,537	\$280,241	\$466,433	\$71,217

J. T. Edwards Society as of December 31, 2015

Formed in 1996, the J. T. Edwards (JTE) Society honors those who have included LifeSpire, the VBH Foundation, or one of our four communities in their estate plans. Bequests, charitable gift annuities, trusts, and gifts of life insurance or retirement accounts are the most common ways that JTE members provide benevolent support for LifeSpire residents. We celebrate 66 generous individuals and couples who have chosen to create their own



Mr. and Mrs. R. Daniel Arnold Mrs. Geneva S. Ashe Ms. Martha Anne Bledsoe Mr. James C. Bradley † Mr. and Mrs. V. Curtis Brooking Ms. Jacquelyn K. Brooks Rev. Richard Bruce Mr. Bruce H. Cantrell Mr. Floyd T. Clark, Jr. Rev. and Mrs. Hilary G. Claypool Mrs. Judith G. Cooke Dr. and Mrs. Robert T. Copenhaver Mr. and Mrs. Al daCosta Mrs. Anne M. Downs Ms. Carole A. Edwards

Mr. and Mrs. Edmond B. Fitzgerald III Mrs. Martha O. Fleming Dr. and Mrs. Franklin T. Fowler Mr. and Mrs. Lyle R. Fritts Mrs. Ann I. Gurkin Mr. and Mrs. J. Ellis Hall Miss Monica Hillery Mr. and Mrs. R. Craig Hopson Mrs. Alice J. Hurst Mr. and Mrs. † Wales B. Ingram, Jr. Mrs. Frances W. Ingram Mr. and Mrs. Peyton G. Jefferson, Jr. Mr. and Mrs. Donald C. Johnson Mr. and Mrs. L. Ralph Jones, Jr. Mr. and Mrs. Michael E. Keck

Mrs. Mary E. Ligon Mr. and Mrs. Thomas F. Mabe Dr. and Mrs. Guy D. Mattox, Jr. Ms. Anne B. Mitchell Mrs. Rachael D. Mothena Ms. Barbara W. Murphy Mrs. Merton D. Nugent Ms. Mary Odom Mrs. Margaret J. Oliver Mrs. Mary C. Paulson Mrs. Marie C. Piper Mrs. Doris S. Pritchard Mr. and Mrs. M. Hunter Riggins, Jr. Dr. and Mrs. Randall Robinson Mrs. Helen Rusher Miss Mildred M. Savedge † Mr. † and Mrs. Edwin Shelton Mr. and Mrs. John F. Slack Mrs. Mary K. Small Mrs. Ann Ruckman Smith Mr. and Mrs. William A. Sprague Mrs. LaVora M. Sprinkle Mr. and Mrs. Presley Thompson Mrs. Violet C. Varner Mrs. Clara J. Webb Mr. and Mrs. Robert L. Weikle Ms. Jacquelin A. Werb Mrs. Romona P. Williams Mrs. Lois L. Wolf 6 Anonymous Donors

Mrs. Murrell T. Landrum

† deceased

J. T. Edwards Society Legacy Gifts

In 2015, 46 donors made their ultimate gift to LifeSpire through estate planning. Some donors created a trust that provides income every year. Others gave through bequests. These generous expressions of faith humble us. While their passing saddens us, we remember the way they lived—with love and kindness for others.

Mary Louise Old Andrews Trust Hatcher Broadus and Therma Valentine Baxter Living Trust William Hirst Bell and Annie Lee Bell Memorial Fund Inez Duff Bishop Charitable Trust Alma P. Bryan Trust Estate of Ida Ellen Crowder Helen S. Davis Charitable Remainder Unitrust Estate of Rowena F. Dillenger Alton Carlton Elder Trust John W. and Ruth B. Elmore Trust Estate of Lee S. and Nora Estes David J. & Edith Evans Trust

Stanford L. Fellers, Jr. Memorial Trust Estate of Margaret May Franklin Mr. and Mrs. R. E. Graves Trust Edward Russell Gray Memorial Fund Woodford B. Hackley Trust Fund Garland D. Haddock Trust John T. & Mamie Harris Trust Laura J. Harris Trust Lizzie Harvey Trust Kate B. Helms Trust Samuel W. Holdcroft Trust Fund Ira C. and Bertha Johns Hopkins & Nancy Hopkins Bryan Fund C. Kenneth Horner Trust Mary B. Hudson Trust Fund

Estate of Deane N. Jewett Ora Jones Trust The Joanna E. Kaiser Irrevocable Trust Yvonne Stewart Kelly Fund Alice Ruth and Willie Parr Lewis Trust Catherine H. Mahoney Trust Estate of Louise Mitchell Lloyd C. and Ruth C. Moore Trust Estate of Elizabeth A. Nalley Emily C. Ramstetter Trust James M. and Ida F. Rose Trust Waller J. Rucker and Sallie M. Rucker Trust Loraine Russell Trust Estate of Garner T. Schillinberg Trust



100-year-old Lakewood resident works among Richmond's homeless

Many of the homeless in Richmond's fan district know Buddy Hamilton by name.

"Buddy is a great guy," says Robert Taylor, 60, a weekly guest of the homeless ministry of First Baptist Church, Richmond. "The way he greets people, his personality, I just love Buddy."

"Robert and I have known each other a long time," Hamilton agrees, smiling. The spry centenarian reaches around the taller, younger man to give him a pat on the back.

As a volunteer calls Robert to take his turn in the clothes closet, one of two uniformed police officers patiently answers a young woman's questions. Other guests enjoy coffee and a pastry, waiting their turn for a shower or a snack bag. A few moments before, senior pastor Jim Somerville offered a short sermon. A few heads nodded as the pastor spoke, and some murmured an "Amen" or two. The atmosphere feels like family. Hamilton smiles as he surveys it all.

"This is a sanctuary for them," Hamilton says. "There is no anxiety or fear here. They get to know the police, and the police get to know them. Because of that, they know they are safe."

Hamilton, who celebrated his 100th birthday May 3, volunteers every week in the homeless ministry of the downtown Richmond church, where he has been a member 82 years. He drives himself and two friends, Al Astle, who will be 100 in August, and Jack Mitchell, 90.



TOP: Buddy Hamilton, right, poses with Robert Taylor, 60, at First Baptist Church, Richmond, Taylor is a guest of the church's homeless ministry where Hamilton regularly volunteers.

BOTTOM: Buddy Hamilton signs in a quest of FBC Richmond's homeless ministry for a shower.

shower ministry," says Vicky Nicholau, who coordinates the ministry as a volunteer. "He's here every Wednesday. The guests love him."

A resident of LifeSpire of Virginia's Lakewood retirement community since 1999, Hamilton was one of LifeSpire's featured trailblazers during Older Americans Month in May. The U.S. Administration for Community Living sets aside May each year to recognize the contributions of older Americans. The 2016 theme was "Blaze a Trail."

"A LifeSpire trailblazer is a resident of one of our communities who models wellness, community and hospitality," says Jonathan Cook, LifeSpire President and CEO. "We honor and respect Mr. Hamilton for his continuing contributions to our community."

Hamilton seems to pay little attention to such accolades, but he has a glimmer in his eye when he offers his secret to a long life.

"Pay attention," Hamilton says. "Listen to what God knows to be best."

A Lifetime of Honor

Born in 1916 in a house built by his grandfather on Richmond's Libbie Hill. Hamilton learned to fly when he was 18 years old on a gravel field at Richard E. Byrd flying field (now Richmond International Airport). Later, he was a captain for TWA's international division in the north and south Atlantic. During World War II, most planes of value to the government were in the hands of commercial airlines, Hamilton explains. As a result, the government conscripted TWA and all other airlines to fly military missions, and TWA's crews were some of the first to make long-range flights over water during daylight hours.

After the war Hamilton returned to Richmond and rejoined his family's paper converting business. Eventually, he and his brother, Dick, bought the business from their father and ran it together for nearly 40 years. Hamilton retired in 1998 at age 82.

Throughout his life, Hamilton has also been active in FBC Richmond, where he has taught Sunday School and served as a deacon. He is the last elected "deacon for life," and the Sunday School class he attends but

no longer teaches—called "The Buddy Hamilton class"—is one of the church's largest.

"It's the only Sunday School class we have named for a person," Somerville says.

But balancing his spiritual life and his professional life was often challenging, Hamilton acknowledges.

"For most of my life, I put a lot of effort into my business," Hamilton says. "I had one foot in the secular world and one foot in the spiritual world."

"Pay attention," Hamilton says. "Listen to what God know to be best."

— Buddy Hamilton

Then, when he was about 55 years old, the then-Home Mission Board of the Southern Baptist Convention sponsored a lay renewal weekend at FBC Richmond. During that weekend, Hamilton heard the testimony of a man "who had chosen intentionally to focus on the things of God."

"I decided I would do the same thing." Hamilton recalls. "It seems like a small step, but it was life-changing for me."

Focused on Others

Learning to pay attention to the things of God helped him prioritize and look beyond himself, Hamilton says.

"The real sin of the world is inordinate self-interest," Hamilton explains. "Every sin can be traced to selfishness that starts at birth. I think this selfishness is wired into us from birth to allow us to survive.



As our parents respond to our cries, we begin to think we are the king," Hamilton continues. "To overcome this innate selfishness I must be willing to give my thoughts and words to the Lord before they become audible and trigger action."

Hamilton's character and spiritual insight are highly respected among those who know him, says Somerville.

"Buddy offers the perspective of years of experience, but he is remarkably open-minded," Somerville says. "When Buddy speaks, heads swivel to hear what he has to say. People trust him. There is universal recognition that he helped make us who we are."

In addition to his work in the homeless. ministry, Hamilton delivers "Meals on Wheels" monthly to Richmond's Jackson Ward.

"Some people claim that's a bad part of town, but I don't think so," Hamilton says with a smile. "I have some great friends there."

Social accountability is the extent to which a non-profit organization is aware of and responds to the needs of the community surrounding it. In 2015, LifeSpire communities provided more than \$77,000 in financial support or fees waived to a variety of social accountability causes. Staff donated more than 76,000 paid hours, and residents, staff, and other volunteers gave more than 5,800 hours by participating in community outreach initiatives. Because we have been given much, residents and staff of LifeSpire communities are grateful for the opportunity to give back.

The Culpeper

Be a Santa to a Senior: The Culpeper residents and staff were "Santa to a Senior" to 70 seniors selected through the town's social services department. Partnering with Home Instead Senior Care, participants selected ornaments from a Christmas tree in The Culpeper's main lobby and purchased and wrapped the gifts for delivery to a lonely, underserved, or forgotten senior in the town of Culpeper.

The Chesapeake

Mount Vernon Elementary Pen Pal Program: Residents of The Chesapeake communicated through letters with second grade students at Mount Vernon Elementary School, and then were able to meet their students.



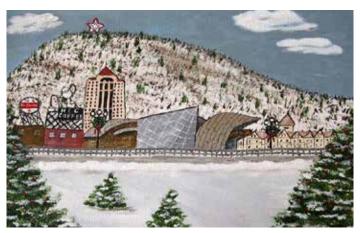
Lakewood

Henrico County School Supply Challenge: Lakewood residents in Richmond gathered school supplies for their closest neighborhood school, Carver Elementary. Donations included 51 composition books, 27 packages of loose-leaf paper, 31 spiral notebooks, 32 packages of pencils, and the list goes on and on. Eileen Kwak, Lakewood's Director of Resident Services, thanked residents for their participation. "Children deserve to have access to the school supplies they need to learn, including good books, convenient supplies and the materials necessary to conduct projects and experiments,"



The Glebe

Ronald McDonald House Charities: The 2015 Ronald McDonald House Charities holiday card cover featured artwork by The Glebe resident, Charlotte Yeatts. Each year, Ronald McDonald House Charities of Southwest Virginia requests holiday card designs from local artists. Submissions are on public display in downtown Roanoke, and winning designs are chosen by popular vote. Winning cards are printed locally and sold each year as a fundraiser for Ronald McDonald House.



2015 Ronald McDonald House Charities holiday card design by Charlotte Yeatts

Other ways our communities gave back in 2015

HOME TOUR MCGUIRE VIRGINIA MEDICAL CENTER UNDERPRIVILEDGED/DISABLED PERSONS ASSOCIATION

Summarized Consolidated Balance Sheet	December 31, 2015	December 31, 2014
Current Assets	\$36,359,420	\$27,076,089
Investments	16,588,099	15,376,721
Beneficial Interest in Perpetual Trust	8,074,136	6,131,510
Assets Whose Use is Limited	10,208,997	10,031,375
Property, Plant and Equipment	123,784,841	127,775,809
Other Assets	3,112,669	3,903,758
	\$198,128,162	\$190,295,262
Current Liabilities	\$15,934,993	\$15,000,641
Advance Fees	88,344,667	83,291,040
Annuities Payable	663,998	602,152
Future Service Obligation	0	0
Long Term Debt	127,412,079	123,662,746
Net Assets	(34,227,575)	(32,261,317)
	\$198,128,162	\$190,295,262









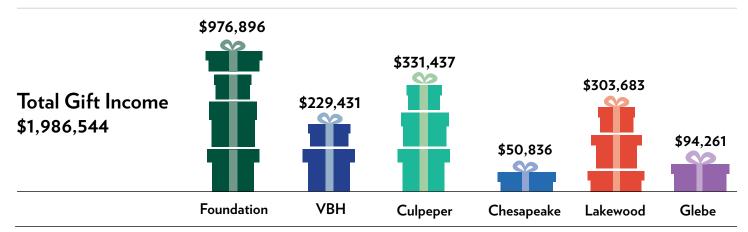
Summarized Consolidated Statements of Operations and Changes in Net Assets	December 31, 2015	December 31, 2014
Resident Related Revenues	\$62,922,842	\$60,590,990
Contributions	556,676	1,109,101
Investment Income	1,620,242	1,735,269
Other Income	1,913,010	1,848,319
(Increase) Decrease in Future Service Obligation	0	0
	\$67,012,770	\$65,283,679
Salaries, Wages and Professional Fees	\$33,494,537	\$33,588,769
Depreciation and Amortization	10,583,333	10,186,454
Interest	7,076,495	7,203,437
Other Expenses	19,174,024	19,593,500
	\$70,328,389	\$70,572,160
Revenues Over (Under) Expenses	(\$3,315,619)	(\$5,288,481)
Loss on Disposal of Assets Held for Sale	(\$149,347)	\$0
Gain on Refinancing of Debt	0	19,601,493
Gain/(Loss) on Extinguishment of Debt	0	(1,132,982)
Net Assets Released from Restrictions		
Used for Operations	0	0
Purchase of Equipment	200,804	1,290,167
	(\$3,264,162)	\$14,470,197
Unrealized Gain (Loss) on Investments	(\$802,923)	\$848,971
Increase (Decrease) in Unrestricted Net Assets	(\$4,067,085)	\$15,319,168
Restricted Contributions and Other Increases	\$2,818,692	\$849,558
Change in Present Value of Perpetual Trusts	(307,055)	(23,466)
Assets Released From Restrictions	(410,810)	(1,442,017)
Increase (Decrease) in Restricted Assets	\$2,100,827	(\$615,925)
Increase (Decrease) in Net Assets	(\$1,966,258)	\$14,703,243
Net Assets at Beginning of Year	(\$32,261,317)	(\$46,964,560)
Net Assets at End of Year	(\$34,227,575)	(\$32,261,317)

Unrestricted Gifts

	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Bequests & Estates	\$403,020	\$8,257	\$132,263	\$262,500	\$0	\$0	\$0
BGAV Cooperative Program	55,657	0	55,657	0	0	0	0
Churches	44,664	9,578	29,612	5,175	0	299	0
Foundations & Businesses	29,368	21,950	7,118	300	0	0	0
Individuals	111,031	100,850	4,341	3,020	1,675	1,145	0
Gift Transfers from VBHF	0	(140,635)	415	39,317	27,474	21,247	52,182
Total Unrestricted Gifts	\$643,740	\$0	\$229,406	\$310,312	\$29,149	\$22,691	\$52,182

Restricted Gifts

	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Current Benevolent Funds	\$324,689	\$0	\$0	\$21,125	\$21,687	\$265,268	\$16,609
Building Fund Gifts	0	0	0	0	0	0	0
Endowment Funds	88,361	88,016	25	0	0	320	0
Net Golf Tournament Income	66,892	66,892		0	0	0	0
Richmond Baptist Trust Fund	5,217	0	0	0	0	5,217	0
Specific Purpose Funds	42,855	7,198	0	0	0	10,187	25,470
Gifts Annuities Received	200,000	200,000	0	0	0	0	0
Annual Income from Perpetual Trusts	614,790	614,790		0	0	0	0
Total Restricted Gifts	\$1,342,804	\$976,896	\$25	\$21,125	\$21,687	\$280,992	\$42,079



	Total	Foundation	VBH	Culpeper	Chesapeake	Lakewood	Glebe
Permanent Endowments	\$3,861,932	\$2,301,928	\$304,946	\$0	\$56,306	\$1,191,136	\$7,616
Gift Annuities	1,276,944	1,276,944	0	0	0	0	0
Benevolence Funds	3,557,702	0	0	0	42,181	3,508,078	7,443
Specific Purpose Funds	1,012,257	17,972	569,365	43,482	20,290	350,687	10,461
Hearn Fund (SPF)	1,154,742	0	0	1,154,742	0	0	0
Building Funds	133,668	0	0	133,668	0	0	0
Richmond Baptist Trust Fund	3,571,163	0	0	0	0	3,571,163	0
Endowed Funds for Benevolence	1,202,798	1,202,798	0	0	0	0	0
Total	\$15,771,206	\$4,799,642	\$874,311	\$1,331,892	\$118,777	\$8,621,064	\$25,520





Faith. Wellness. Community.

LifeSpire of Virginia operates four exceptional communities that welcome people from all faiths and share the steadfast mission of providing Dignity in Living.



The VBH Foundation raises funds to help LifeSpire's Life care residents who outlive their financial resources, remain in their homes. In 2015 we provided roughly \$1,100,000 in benevolence to 60 residents, across all four communities.

THECULPEPER

Culpeper (800) 894-2411



Daleville (877) 994-5353



Newport News (800) 345-0474



Richmond (866) 521-9100

